

Spring Knolls News

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up to these days? / 11



10:19 ON 10/19: Participants in a ShakeOut drill at 10:19 a.m. on Oct. 19 cover their heads during a mock earthquake at Spring Knolls' clubhouse. The Spring Knolls Emergency Response Team (SKERT) event was open to all residents. Story, more photos on Page 10.

MURRIETA, CA *Happy Thanksgiving!* NOVEMBER 2023



Debbie Adelhelm Sharon Kilpatrick Shawnee Miller Ron Sieber Jan Towers

Five step up for board posts

Incumbents to fill open seats in 2024 balloting

Five current HOA directors will be the only candidates running for the 2024 board.

At the Oct. 21 General meeting, Nominating Committee Chair **Chris Heilbron** said that the only people who asked to be candidates were directors **Debbie Adelhelm, Shawnee Miller, Jan Towers, Ron Sieber** and **Sharon Kilpatrick**.

During the meeting, there were also discussions about entry gates on Via Princesa, and how new rules governing trash pickups will work early next year. The board is awaiting results of a state grant application to possibly pick up a large percentage of the cost of any gates and awaiting word from the city on a three-trash-can plan to replace the current one-can system Spring Knolls residents have been using for years. Options, as well as the

projected cost for the new system that requires residents to sort their throw-aways are still being hammered out.

The trash details are important for the board to know before it can approve a 2024 budget. Answers are expected for the board meeting, at 6 p.m. Nov. 15 in Eaker Hall.

As for the board election, Chris Heilbron asked the audience if anyone else was interested in becoming a candidate and no one responded.

Despite that the election result is, in effect, decided, state law requires ballots be sent to all owners, and that they be counted at next January's Annual meeting. Board president **Sandy Vollmer** stressed that everyone receiving a ballot should fill it out and send it back in the stamped return envelope or drop it off in the locked ballot box at the board office.

Not the 'Big One'? No, more like a runaway freight train

While under one of the Eaker Hall dining tables during the "drop, cover and hold on" drill at the Oct. 19 ShakeOut event, I had a flashback.

It was Oct. 1, 1987, and our kids and I were huddled under our Los Angeles dining room table during the 5.9 Whittier Narrows quake.

The kids and I had just left the house (don't want to be late for school) when the sound of a freight train coming through the yard started, and the shaking began. It was 7:42 a.m. and we rushed back inside, dove under the table and hung on.

The quake's epicenter was in Rosemead, just four miles from us. Experts say the shaking lasted about 20 seconds.

I beg to differ.



Sandy Vollmer
SK president

See **SKA PRESIDENT**, next page

spring knolls 2023 directors



• *President.*
Sandy Vollmer
(951) 319-6749



• *Vice President / Architectural*
Jan Towers
(951) 616-4443



• *Secretary / Senior Advocate / Program administrator*
Holli Hanson
(661) 972-0799



• *Treasurer*
Sharon Kilpatrick
(951) 285-7800



• *Director, Rules, Regs, Policies and Procedures.*
Shawnee Miller
(951) 677-6862



• *Residency Data & FOB Administrator.* **Candy Lee**
(951) 239-0669



• *Director: Facilities*
Ron Sieber
(951) 541-6276



• *Director: Common Grounds, Streets.* **Debby Adelhelm**
(760) 717-9876



• *Director: Compliance*
Charlene Kirkwood
(951) 348-0042

support Leaders

- *Spring Knolls Emergency Response Team:*
Alan Hanson (714) 493-1709
- *Caretaker:* **Lisa McKinney (951) 212-8781**
- *SK common grounds:* **Miguel Enriquez**
- *Spring Knolls Boosters:* **Dorothy Vaughn, President, (951) 696-0871**
- *Library Coordinator:* **Karen Jacobs (951) 265-6292**
- *Spring Knolls News:* **Ted Vollmer (951) 319-6749; tscjnews@gmail.com**
- *Spring Knolls News, flyer, delivery team:*
Debby Adelhelm, Dorothy Vaughn
- *New or replacement trash cans:* **Waste Management, 866 909-4458**



SHAKY MEMORIES: Sandy Vollmer ducks under an Eaker Hall table during the Oct. 19 ShakeOut. The Drop, Cover & Hold On drill triggered her memories of the disastrous 1987 Whittier Quake near Los Angeles.

See page 10 for ShakeOut story.

SKA president . . .

From page 1

School and work did not happen that day or for several days while damage assessments were being conducted. Roads, homes, buildings, bridges, schools, etc. all had to be evaluated for safety before life as we knew it would resume. And the inevitable aftershocks . . . well, we really got to know that table . . .

The City of Los Angeles had already anticipated that a large quake was going to happen, sooner or later. The largest previous one was on Feb. 9, 1971, centered in Sylmar.

While smaller, the Whittier quake caused an estimated \$380 million in damage to thousands of buildings, and killed eight people. It also came as a total surprise to seismologists because it occurred on a previously unknown fault line.

The Los Angeles school board in its wisdom and in anticipation of the “Big One,” had required schools to be stocked with emergency rations for up to 10 days for every student and staff member.

Seismic experts also estimated how long it would take each parent to reach their children in the event

of a major quake. Ted and I both worked in downtown Los Angeles at the time. They estimated that it would take us 8 days to walk the 4 miles home due to shattered glass from high-rise buildings, downed power lines, damaged roadways and other dangers. We carried shoes, water, jackets, a first aid kit, flashlights, etc.; basically a “GO” bag, in our cars at all times.

I’m telling you this story to convey that you never know when or where a disaster will occur. And the more you prepare and practice for it; the better your chances are for a happy ending. At least a good ending.

I encourage everyone to get “GO” bags of emergency supplies ready, stash them in the designated places; under your bed, in your car, etc. Let’s get prepared — “under-the-dining-room-table prepared” — if you know what I mean.

* * * *

If you have questions feel free to contact **Alan Hanson**, SKERT (Spring Knolls Emergency Response Team) chairman at **714 493-1709**.

There are Red Cross check-off sheets in a literature holder outside the clubhouse to help you assemble “GO” bags.

The next Spring Knolls Association board meeting is **6 p.m., Nov. 15**, in Eaker Hall. An agenda will be posted and blasted out on SK In the Know. All Spring Knolls owners are invited to participate.

Boosters enlist support of Knolls vets for Nov. 10 luncheon

This list contains names of **168** past or present **Spring Knolls** residents who served in the U.S. military. Any omissions are unintentional.

U.S. ARMY

Dennis Applegate
Louella Briefman
Lloyd Cale
John Campagnolo
Mario Carrello
Ed Cavallucci
Raphael Cervantes
Val Clugston
Charles C. Corriveal
Ramiro S. Cruz
Roger Desharnas
William E. Eadson
Miguel Enriquez*
Jerold Freet
Rosa Eichner Goldfarb
Wallace Ray Grab
Billy Gregg
Robert V. Guerra
Mike J. Guglielmo
Bruce Hamilton
Neal Hanslik
Howard Hartnet
Robert Head
Craig Kent Huckstep
Joe Hudson (new)
Robert Hult
George Karchner
Doug Krier
George Ladd
George Lallou
Raymond Landry
George Larson
Murray Leib
Jerome Lexer
Rex Mershon
George B. Meza
Emil Nunnero
Kenny North
George Osorio
Al Paukstelis
Patrick Pinnitpi
David Quinlan
George Quinlan
Alberto Reyes
Frank Rosales
Robert Hargrave Ritchie
Henry Saldivar
Sidney Schindler
Charles D. Schreiber
Tony Seeley
Calvin Eugene Shannon
Edward Snyder



The Veterans Day lunch at the Spring Knolls clubhouse is for veterans from the three Knolls units. The **Nov. 10** lunch is free to every veteran and a guest. Contact **Dorothy Vaughn, (951) 696-0871** or **Jan Towers, (951) 616-4443** for further details.

Charles Steinert
David Taft
Ralph Tatiner
Thomas Token
Arthur Totten
Gordon Wallace
Thos S. Wassan
Frank Weinfurter
Kenneth E. Weinke
Auston White
James White
Thomas White
Bob Wolfgam
Sal Zaita
George Zeller

* Also served in Marines

U.S. NAVY

Tipton Ashley
Elizabeth Ashley
Alan Bartkowski
Elmer Bassett
Sheila Bassett
John Boone
Sumner Brown
James Bronson
Michael Burgess
Merle Byrne
Charles R. Cannon
Andrew Collins
Stephen P. Colmean
Marcello Cutinga
Bill Desmond
Donald L. Dozier
Leroy Dutton

Ernest N. Eadson
John Evans
Bob Faelchle
Rodolfo Flores
David Folsbee
Gary Allen Fox
James Fraina
William Greene
Roger Eugene Groom
Gary Gunn
Robert Hess
David Jefferson
James Johnston
Eddie B Jones
Donald Koontz
Anne Koontz
Robert Kudelka
Larry Lemier
Jack Little
Dale Majors
Thomas Lee McCady
Gerald McDougale
Jack W. Morrison
Norman Nadeau
Louis Pacilio
Phillip Perilman
Robert Pittam
Edward Popovich
James Gary Prigmore
Marvin L. Prohovsky
Harold Robinson
Ray Seda
Socrates Siliceo
Bill Sykes

George August Waibel
Charles Alvey Whisner
Richard Zimmer
U.S. NATIONAL GUARD
Jake Jacobs
MERCHANT MARINE
John Dawe

U.S. MARINE CORPS

Thomas Baird
Samuel Ford Bellah
Allen Bingham
Shawn Birdsill
Philip C. Chatham
Edward Downer
Miguel Enriquez**
George Evers
James Feryan
Donald Fisher
Mario Gomez
Richard Hayers
Robert Kaplan
Eddie McFadden
Mark Navarro
John Joseph Perry
Joe Rodriguez
Stephen G. Smith
James Witt
**Also served in Army

U.S. AIR FORCE

Saul Anshen
Oliver Cromwell Butler
Richard Call
Tim Callahan
Darrell Clarkson
Wayne Decore
Joseph Jay Dekeyser
Dennis Dillon
James (Jimbo) Dixon
Mike Fewerl
Jack Fristoe
Max Heilbron
Terrence D. Hitt
William Hollis
Harlan Hunt
Steve Morrill
Ritch Purcell
Keith Richards
Donald Schlegel
Bill Williams
Robert A. Wray

Also***

Dwight Brown, Sean Fennell, Bill Skinner, Jos. Miller, Dennis Dahmen
***Unable to determine military branches of these 5 veterans before printing.



¿Quieres aprender español

We are looking for residents who speak Spanish and want to learn English as well as English-speaking residents who want to learn Spanish.

We're fortunate to have, new to our community, retired "English as a second language" teacher, Graciela (Gracie) Gallegos. She is delighted to offer her help to this new group.

This is an opportunity to speak in the language we want to learn without judgment or embarrassment. We can learn words and conjugations but if we're afraid to speak, what good are the words?

Studies show that learning a new language increases the volume and density of gray matter, the volume of white matter and brain connectivity, enhances cognitive reserve and is an optimal activity to promote healthy aging with positive cognitive benefits such as executive function, working memory and processing speed. It's a workout for the brain.

We want to know how many are interested and the best time to meet. Call or text Gracie at 562 447-3840 or Sandra at 951-443-5083.

Sandra Bright
Spring Knolls

Any info on flashing lights?

Has anyone else seen the car cruising in the middle of the night with the flashing lights?

There is one that frequently goes by here between 2 a.m. and 4:30 a.m. It cruises very slowly down Via Amarilla, with brilliant lights, flash, flash, flash! Right into my bedroom window! Then it turns onto Via Azul.

Do we have some kind of security? Does the resort have security up here? Are we living in The Twilight Zone? My neighbor has seen it too.

If anyone knows what it is, I would be interested to find out.

Jody Kellerman
Spring Knolls



By Mary Lou Morgan
Welcome editor

For November, we introduce you to eight new residents who moved into Spring Knolls in the past couple months. Here they are:

• **Michael & Jennifer Hanson**
28646 Via Princesa, since October.

From Winchester, Michael is retired from being an all around Computer Info Tech. Jennifer works at the Temecula Valley School District. She enjoys walking her new neighborhood with her adorable pooch Penny. WOW! A new marriage and a new home in 2023. With two children and one great grandchild.

• **Connie Ruddell**, 28910 Via la Rueda, since September.

From Sun City, Connie was a teacher and also worked at TJ Max She has 2 children. She loves sports, especially her beloved Houston Astros and NASCAR. She shares Tucker (a dog) with her daughter.

• **Lloyd & Esther Cale**, 28973 Via la Espalda, since August.

From Corona, Lloyd is retired from

Konica Minolta after over 25 years and Esther retired from Target also after over 25 years. They have one child and two grandchildren. Lloyd loves to read and Esther is still addicted to shopping, especially at Target. Lloyd is an army veteran.

• **Bette Timson-Endresen**, 28776 Via Roja, since October.

From Spokane, WA, and before that many years in Temecula, Bette is retired from Custom Art Framing. She has one child, loves gardening, music (especially the symphony) and theater. She is also starting a book club.

• **Rafael & Graciela Rocha**, 38658 Calle de la Siesta, since September.

From Santa Ana, Rafael and Graciela are both retired from the B. Braun Medical Center. They have two children and two grandchildren. Graciela loves to crochet.

Are you new to Spring Knolls? We want you to be Welcomed! Call Mary Lou at (760) 613-7514). Or, if you have a new neighbor, call Mary Lou with details so she can connect with and Welcome them.

Spring Knolls Board report for Oct. 18, Oct. 21, 2023

Approved/Reported

Discussion (both meetings): Updates on possible gates at Via Princesa entrances; new waste management procedures beginning in March 2024. The Board is awaiting word on possible grant money, and from Murrieta about trash can fees and schedules.

Candidates: Five current board members are the only candidates for the five open positions for the 2024 board: **Jan Towers, Ron Sieber, Shawnee Miller, Debbie Adelhelm and Sharon Kilpatrick.** Ballots will be mailed to all owners in December.

Treasurer's report (summary): For September 2023 (**Sharon Kilpatrick**): Total operating /checking funds **\$308,048.87**; Total Reserve/Savings funds **\$467,241.41**; Accounts receivable **\$63,778.96**. Year-to-date expenses (**\$255,792.38**). **Total expenses September (\$13,549.80).**

The next Spring Knolls Board meeting is at **6 p.m. Nov. 15** in Eaker Hall. All owners are invited to attend. The agenda will be posted at the clubhouse and blasted on-line.

Before using a tape measure, make sure you follow the rules

By Jan Towers
SK Vice President

I'd like to remind all SK Homeowners / Residents that any Architectural changes on your property must follow our Rules and Guidelines as well as Declarations of Covenants, Conditions & Restrictions.

If they aren't followed, you may be subject to Fines and Penalties.

Per Spring Knolls CC&R's: Architectural Control — Article IX, 9.1 Improvements in general; establishment of Architectural Review Committee: No improvements (as defined in Section 9.2) of any kind shall be commenced, erected or maintained within the Properties, nor shall any exterior addition to or change or alteration be made in or to any Lot until the plans and specifications showing the nature, color, kind, shape, height (including front, side, and



rear elevations), materials, and location of the same shall have been submitted to and approved in writing by the Associations Architectural Committee as to quality of workmanship and materials, harmony of external design and location in relation to surrounding structures, setback lines, topography and finish grade elevation.

9.2 Improvement Defined — "Improvement" includes, without limitation, the construction, installation, alterations, or remodeling of any buildings, walls, decks, fences, swimming

pools, landscaping, landscape structures, skylights, solar heating equipment, spas, antennas, utility lines, or any structure of any kind.

In no event shall the term "Improvement" be interpreted to include projects restricted to the residence interior and which do not involve the roof or any load-bearing wall thereof.

Per Spring Knolls R&Gs Architectural Control : New construction, alterations, or additions of any kind require prior written approval of the Architectural Review Committee (ARC). A paint color sample must be provided to the ARC before painting the outside of any building on any lot. Repainting may be required if the color does not conform to the approved sample.

It's always refreshing to see our neighbors sprucing up their properties! If you have any questions, contact me. Thanks for your cooperation!

-Jan Towers is Spring Knolls Association Vice President and Architectural Director

Try 'light' reading for those dark nights - It may save you money

By Charlene Kirkwood
SK Compliance Administrator

Fall has finally arrived. What a beautiful time of year!

Now that the weather is cooler, we can start wearing our sweaters again. It's time for turkey, apple pie, and everything pumpkin!

With the shorter days, maybe you're looking for something to read on those longer evenings. How about the **Spring Knolls Rules and Guidelines**? Maybe you haven't read them in a while. Now is a good time to do just that.

If you can't find your copy, stop by the office and pick one up, or grab one from one of the literature holders under the office bulletin boards.

Become familiar with what the rules are so you can avoid getting those pesky Compliance Notices, or worse, a fine!

Enjoy the season and have a Happy Thanksgiving everyone!

HogePodge



TRASH CAN RULES:

Beginning Nov. 1, if you need a new or extra trash can you must now call Waste Management at **866 909-4458** for help. The number will be included each month on **Page 2**.

TOYS & FOOD DONATIONS: The Boosters have placed boxes for donations to Toys for Tots and the Murrieta Food Bank outside Eaker Hall. Toys should be new, unwrapped, and for children up to age 17.

Donated food should be non-perishable items that are not past their recommended shelf life.

Murrieta firefighters will pick up the donations on **Dec. 9** during the Christmas Open House in Eaker Hall.

FLU SHOTS: Most local pharmacies are offering free flu shots as the flu season begins. The Centers for Disease Control recommends that all adults also receive Covid-19 vaccinations and boosters at the same time.

TIME TO FALL

BACK: At 2 a.m. Nov. 5, Pacific Standard Time will return and clocks should be set one hour back. Daylight Savings Time will return on March 10.



SOCIAL SECURITY HIKE: Beginning in January, Social Security payments will rise

by 3.2% for an average of \$50 per month. The hike is based on Consumer Price Index projections and intended to help offset inflation. In December, recipients will learn how much to expect.



DOG AGGRESSION: Regardless of your dog's size, it must be leash controlled at all times. If it is aggressive toward other dogs, it also should not be brought into the Dog Park regardless of whether other dogs are present or if it is on a leash. If you see an aggressive dog off leash, please contact Animal Control officials.

Boosters Bits

A busy 2023's winding down; still much for all to enjoy

Wow! Can you believe that it's almost the end of 2023? And what a busy year it's been for the Boosters.



Dorothy Vaughn
Boosters president

After the busy BBQ season ended Sept. 1, we got busy unpacking and organizing to get ready for our annual 2nd Hand Treasures and Bake Sale on Sept. 28 and 29!

Thanks to all of you "treasure hunters and goodie eaters" our sale was very successful. From the compliments

we received everyone seemed to enjoy themselves.

Then came last weekend's Halloween Party and dance. The decorations were fantastically spooky, thanks to Lisa McKinney's decorations, the food was wonderful, and everyone had a terrific time!

Almost all the guests from all three units were in costume (see the next page for photos) and they were some of the best yet!

Wait, we're not through yet! We'll be hosting our Veteran's Day Luncheon a day early, on Nov. 10 at 11:30 a.m. Veterans and a guest from all

three units are invited to attend. This is always a very special day for all of us. If you are new here, or know of a veteran please, please call me at 951 696-0871 or Ted at 951 319-6749.

Then, on Dec. 9 starting at 4 p.m., Santa will join us at our Christmas Open House. It's free and everyone can enjoy chili or mac and cheese, and have your picture taken with St. Nick.

Also, we hope to see Murrieta fire fighters who usually bring their trucks for the kids, and pick up non perishable food and unwrapped toys that residents donate in two boxes that are outside Eaker Hall.



Gary Benson
Raeann Bjerum
Tom Bourne
Lynn Bowen
Camille Curtis
Don Enderud
Rudy Ferguson
Kathleen Griffin
Regnor Hastings
Chris Henry

Deloyce Herman
Cheryl Hill
Audrey Hunt
Silvia Jara
John Jenks
Bea Lawhead
Patricia Leeper
Manuel Lopez
Rick Neff
Percy Sawyer

Lela Schlegel
Marcella Scott
Diana Stark
Bette Timson-Endresen
Cecelia Torres
Bruce Turner
Melinda Villareal
Cindy Woody
Rafaela Yniguez



David & Rosaura Arrellano
Lloyd & Esther Cale
Dennis & Virginia Dillon
Don & Helen Gibbons
Skip & Dee Sloan
Bruce & Katie Turner

In Memoriam



Elmer Lawrence Bassett, Jr.
(May 1932 – Nov. 2017)
Via del Sur

Esther Saur Crossland
(May 1907 – Nov. 2001)
Via Playa del Rey

Mary Elizabeth Dean
(Nov. 1917 – Nov. 2006)
Via Amarilla

Barbara Geraldine Groch
(July 1925 – Nov. 2008)
Via Playa del Rey

Max Heilbron
(Nov. 16, 1924 – Nov. 10, 2017)
Via Princesa

Verla Loriece McCollum
(Dec. 1923 – Nov. 2008)
Via Amarilla

Rebecca Jean Meadors
(May 1939 – Nov. 2020)
Via Amarilla

Mike Miladinovich
(Feb. 1932 – Nov. 2012)
Via la Rueda

Blanche Dorothy Reynolds
(Nov. 1924 – Nov. 2021)
Via Magnolia

Joseph Rodriguez
(March 1941 – Nov. 2006)
Via Princesa

Carole Frances Schindler
(Nov. 1924 – Nov. 2010)
Via Playa del Rey

Socrates Siliceo
(Dec. 1927 – Nov. 2018)
Via Princesa

A note to readers: Since March 2021, the *Spring Knolls News* In Memoriam section has listed the names of Spring Knolls residents who have passed away.

Regardless of when they lived here, these residents were once part of our community and should be remembered in some small way.

It's been 53 years since Spring Knolls was established and we don't have the names of all former residents. We'll try to include those we

learn about during the anniversaries of the months they died. More recent deaths will appear in a future edition as soon as we learn about them.

If you know of anyone we've missed, email tscjnews@gmail.com or call or text (951) 502-5602.

Thank you, **Ted Vollmer**, editor

BOOSTERS DINNER / DANCE:

A SUCCESS WHERE FROWNS HAD NO GHOST OF A CHANCE



After seeing all the decorations it was impossible to deny that Eaker Hall, for this particular night, could have been renamed “Creeper” Hall.

The Oct. 28 Halloween Dinner/Dance had witches, goblins, skeletons and ghosts — everywhere — and they weren’t just costumed revelers. Lisa McKinney loaned her large collection of Halloween decorations to the Boosters, and from the moment you entered the clubhouse grounds, you instantly entered a new world.

Dozens of attendees from all three Knolls units dressed up and feasted on barbecued ribs, chickens, Kilbasa, salad and dessert.

Then, many took to the dance floor as disc jockey Enda, dressed as Joni Mitchell, played tunes to keep the Halloween, uh, spirits going for hours.



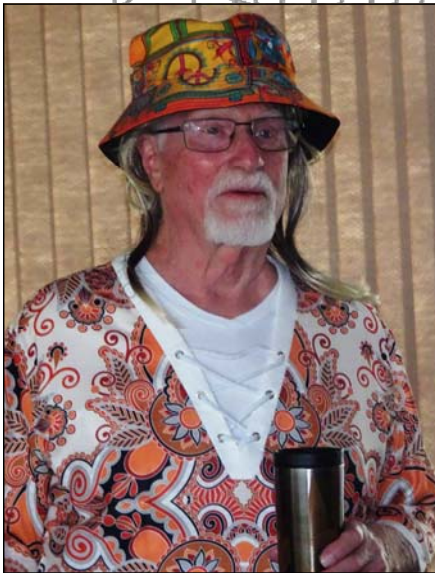
Photos by Jan Towers and Ted Vollmer

BOOSTERS DINNER DANCE: OCT. 28, 2023—EAKER HALL



Photos by Alan Hanson, Jan Towers and Ted Vollmer

BOOSTERS DINNER / DANCE:



Photos by
Alan
Hanson,
Jan
Towers
and Ted
Vollmer



ShakeOut

Event stresses safety, preparation, survival

We held our 5th annual ShakeOut event in the clubhouse on Oct. 19, with 16 guests and 17 SKERT members — a nice turnout!

We began at 10 a.m. and I told the group I'm the Mitigation Chair in the Earthquake Country Alliance (ECA), the group that sponsors the ShakeOut.



Alan Hanson
SKERT chair

The ECA holds an Earthquake Preparedness drill on the third Thursday in October, corresponding to the date. This year's event was on 10/19 at 10:19 a.m.

We asked all attendees to download the MyShake Ap, which was supposed to go off at 10:19. Some didn't get the alert until 20 minutes later, depending on what address they put into their phones.

We also did a Drop, Cover & Hold On earthquake exercise, and discussed what SKERT (Spring Knolls Emergency Response Team) does: Street block parties, how we always need new members, why we mark home utilities with colored tapes, and the contents of Go Bags we have at the house.

Retired Santa Barbara County fire captain Ed Carey gave a presentation on wildfire preparedness, when to evacuate, how much clear space you need around your house, and other tips on best practices. He then showed several attendees how to use water-style fire extinguishers against a "fire" (just a stack of wood, not really on fire).

Later, Rachel Hollinger, Murrieta's Disaster Preparedness Coordinator, shared tips on how to report overgrown weeds and trees, and other tips for how best to alert the City to what's going on in your neighborhood.

Attendees received various prizes, including tools to turn off the gas meter valve, solar battery chargers, headlamps, fire extinguishers, First Aid kits, and even gift cards. All guests went home with a prize! And before they left, everyone had pizza and cookies.

It was a great exercise, and we look forward to doing a 6th ShakeOut next year.



DROP, COVER, HOLD: Area coordinator Linda Neumann joined others at the Oct. 19, ShakeOut event in a protection drill — Drop, Cover & Hold On — in the event of an earthquake.



READY, AIM, FIRE! Norma Arroyo (right) uses a water fire extinguisher to douse "flames" in a drill set up by retired fire captain Ed Carey. Tracy White (left) awaits her turn.

Copies of the Earthquake Country Alliance safety check off lists are now available in a literature holder outside the clubhouse office.

GETTING READY:

Following are some recommended items to gather, organize and place in convenient locations in case of an emergency.

- Clothing, shoes, hard hat
- Whistle, flashlight, headlamp
- Dust mask, goggles
- Gas wrench, shovel, crowbar, knife
- Contact numbers in, out of state
- Copies of ID, important documents

- Batteries, charging cables
- Medications, prescriptions
- First aid supplies, emerg. Blanket
- Water and nonperishable food
- Portable radio
- Toiletries (sunscreen, hygiene items)
- Cash (small bills)
- Maps (local and regional)
- Jumper cables, spare tire, inflator, jack
- Flares

-Source: Earthquake Country Alliance

'Where are they now?'

Move to Tennessee: 'Definitely the correct decision for me'

Editor's note: A shorter version of the following note by Cindy Woody, former Spring Knolls board member and co-chair of the Spring Knolls Emergency Response Team (SKERT), appeared in the November printed edition. Here is her entire note, with photos of her new home, friends and environs.

By Cindy Woody

Hi from Tennessee!

First, I must say that as much as I miss all of you and Spring Knolls I absolutely love living 18 miles from downtown Nashville.

When I first arrived in Tennessee, Tessa and I stayed with a friend until our new home's construction was complete. We moved into our home July 14th .

Tessa and I now call Lebanon, TN home. I am enjoying having guests visit, attending many shows at both the Grand Ole Opry and Ryman Auditorium, Nashville Predator NHL games, the wide open very green spaces and more. The area where I live is not congested but going to downtown Nashville has bumper-to-bumper traffic like any city.

This move was definitely the correct decision for me. I feel at peace and at home here and feel my late husband's presence. This all makes me extremely happy.

I promised myself I wasn't going to volunteer for a year but have been getting involved in a few things. My neighborhood is approximately 1,000 homes, but back in the newer area where I live there are about 150 homes.

I have established a Communication / Neighborhood watch area for this area. Since most of us have lived in this part of the neighborhood for just a year or less I hosted a Meet & Greet at my home (you know me, all about bringing community together).

We have many ideas for future activities. I am involved at the city, county, state level for better utilizing our com-



GETTING SETTLED: (Clockwise from upper left) Cindy poses with a "friend" outside a store in Lynchberg, TN, home of Jack Daniels whiskey... Cindy and a new friend, Marilyn, enjoy the night-life in nearby Nashville.... Cindy, a country music lover, visits the historic Grand Ole Opry in Nashville ... Cindy and friend Carol at the Country Music Association Festival ... Cindy and her dog Tessa's new home in Lebanon, TN.

muter train service between Lebanon and downtown Nashville. Next spring I'll be helping to set up community gardens in our housing development.

The CERT group in my town is very active. I'm not yet quite ready for all that involvement but am registered in case of an emergency. After the first of the year I will be taking more CERT training because it's more involved here than in California. I'm also checking into the possibility of the "adopt a grandchild" program of mentoring young mothers. So while my volunteer-

ing may look a little different I hope to help those in my community.

Not living in a 55+ community I think my help will be of better use within the town I live in.

Please know always, but especially at this time of year, I wish all of you the best and hold you all within my heart.

I keep in contact with some of you and thankfully they keep me updated on Spring Knolls. May you enjoy whatever traditions you celebrate at this time of year and remember, I care.

— Cindy

Task force OK'd to help combat fentanyl

By State Sen. Kelly Seyarto
State legislation to establish the California Fentanyl Task Force, has been signed into law.

The task force will identify and evaluate strategies to give our communities the best results in combating the

FENTANYL CRISIS TOWN HALL: Experts including Riverside District Atty. Mike Hestrin, Sheriff Chad Bianco and Assemblymember Kate Sanchez to discuss opioids, fentanyl deaths and resources from 6-8 p.m. Nov. 6, at Murrieta Mesa High School Theater, 24801 Monroe Ave., Murrieta. Open to the public.

multi-faceted fentanyl crisis. It will consider educating the public, treatment options, preventative measures, and improving public safety.

The task force will include health-care workers, law enforcement and public health agencies. It will identify tools to keep communities safe and hold accountable those making and distributing fentanyl.

In 2020, California saw nearly 4,000 fentanyl overdose related deaths and in 2021, fentanyl overdose became the leading cause of death of Americans aged 18 to 45.

Spring Knolls *Free* Classifieds

{ To place a free classified, email your ad with photo (optional) to tscjnews@gmail.com Questions? Call (951) 319-6749 }

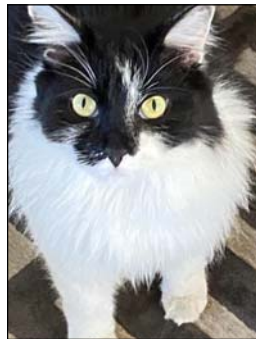


MISSING KITTY: Tigger is a 4-year-old female, brown & gray tabby who lived with our clubhouse caretaker. She's a bit shy, so if you see her, please call Lisa immediately so she can come get her. **Lisa, 951 212-8781.**

Medicare Annual Enrollment Period is here.
Did you know you have choices in your Medicare prescription drug and health plan? Medicare's Annual Enrollment Period (Oct. 15 - Dec. 7) is your chance to think about what matters most to you.
Plans can change from year to year, and your health needs may change, too. So, it's important to know your options.

To schedule a personal plan review at no cost, please call **Sarah Human**, a licensed insurance agent (Spring Knolls resident) **310 980-9509** CA License # 0K16275
As your local, licensed Insurance Agent, I represent most Medicare Advantage, Prescription Drug and Medicare Supplement insurance plans in the area.
Web: sarahinsure.com Email: sarah@sarahinsure.com

MISSING MAX: My black & white long hair cat, Max, has been missing since Oct. 21. He lives on Via la Rueda. He's shy, so likely won't come to you if you call. Please call **Patti O'Connell at 916 955-3895.**



SIGNING PARTNER: I'm taking an ASL (American Sign Language) class and seeking someone who signs, to practice with. If interested call: **Pat, (970) 749-4221** Thanks!

HAIR CUTS / BEAUTY SERVICES: Offering hair cut and other beauty services in your home for your convenience (female & male). I'm a licensed cosmetologist with more than 18 years' experience. Call **Nancy @ (951) 414-9554**

HANDYMAN SERVICES: Handyman services, gardening, driving to doctor visits, etc. **Steve Lopez 626-622-4552.**

SEEKING: Any books on woodwork crafts. Call **Jim at 714 851-5025.**

SEEKING GOLF CART: \$1,600 - \$2,000, 48-volt, 4 seats. Call **Sandra Bright @ (951) 443-5083.**

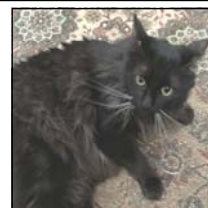


TV STAND: Measures 36" H X 54" W X 17-1/2" D. Asking \$100 or best offer. **Call Barbara @ 760 535-5403.**

DOG CARE: Dog boarding, Day care, Walks, drop ins. Call **Mike Guerra** in Spring Knolls @ **517 260-6745** or email mikeg1369@yahoo.com

DOG CARE: Need your dog walked? **Janet 951 970-8219**

SEEKING NEW HOMES: Cats pictured are seeking new homes after their Golf Knolls owner recently passed away. Both



are 11, healthy and "very sweet." Love people but don't like each other so much, so should go to separate homes. The black one (left) is a female. Call **Frank @ 951 375-8707**

Know your elected representatives:



City Council: **Cindy Warren**
1 Town Square, Murrieta, 92562
(951) 461-6016
cwarren@MurrietaCA.gov



Supervisor: **Chuck Washington**
37600 Sky Canyon Drive #505
Murrieta, CA 92563
(951) 955-1030



Governor: **Gavin Newsom**:
1303 10th St., Suite 1173
Sacramento, CA 95814
(916) 445-2841



State Senate: **Kelly Seyarto**
1021 O Street, Suite 6720,
Sacramento, CA 95814-4900;
(916) 651-4032

District Office: 25186 Hancock
Ave., Suite 320, Murrieta, CA
92562; (951) 894-3530



State Assembly: **Kate Sanchez**
P.O. Box 942849, Sacramento, CA
94249-0071; (916) 319-2071

District Office: 41391 Kalmia St.,
Suite 220, Murrieta, CA 92562;
(951) 894-5053



U.S. Senate: **Laphonza Butler**
G10 Dirksen Senate Office Bldg.
Washington, DC 20510
(202) 224-3841



U.S. Senate: **Alex Padilla**
B03 Russell Senate Office Bldg.
Washington, D.C. 20510
(202) 224-3553

600 B St., San Diego, Ste 22405



U.S. House: **Darrell Issa**
2300 Rayburn Office Building
Washington, DC 20515
(202) 225-5672

District Office: 4100 Main St.
Temecula, CA 92590
(760) 340-7575

What's up in Spring Knolls?

UPCOMING EVENTS ... MARK YOUR CALENDARS

WHAT?	WHEN?	WHERE?	WHO?
End of daylight savings time	2 a.m. Sunday, Nov. 5	California and other states	
Vets Day lunch	11:30 a.m. Nov. 10	Eaker Hall	Dorothy, 951 696-0871
Christmas Open House, Santa	4-7:30 p.m. Dec. 9; free	Eaker Hall	Dorothy, 951 696-0871

ONGOING GROUP, BOARD, TEAM EVENTS

Best Years (formerly Singles)	11:45 a.m. - 2:15 p.m. (1st Wednesdays)	Eaker Hall	Mary Lou Morgan, 760 613-7514
Boosters	10 a.m. - noon	Eaker Hall	Dorothy Vaughn, 951 696-0871
SK Emergency Response Team	(2nd Wednesdays)	Eaker Hall	Alan Hanson, 714 493-1709
SK Board Monthly meeting	9:30 a.m. 3rd Wednesday	Eaker Hall	Any board member
Bible Study	10 - noon, Tuesdays	Eaker Hall	Mellie Villarreal, 951 442-5052
Bingo	2nd Thursday of each month, 1-4 p.m.	Eaker Hall	Debby Adelhelm, 760 717-9876
Bunco	1 p.m. 3rd Tuesday of month.	Eaker Hall	Diane Velasquez, 951 850-8107

Events on clubhouse grounds require advance Board of Directors approval. Contact **Debbie Adelhelm @ (760) 717-9876** at least two weeks in advance.

SK Clubhouse

What's open and closed?

OPEN:

Board Office: Fridays - Nov. 3, 10, 17.
9:30 a.m.-noon

- **Clubhouse Winter hours: Starting Nov. 1: 8 a.m. - 7 p.m.** Gym, library, both swimming pools. You must be at least 18 to use large pool, Jacuzzi or billiards room. Call Facilities Director **Ron Sieber** at (951) 541-6276 for more information.

- **Showers:** Showers available
- **Eaker Hall:** Open for gatherings (see info at end of Calendar to arrange).
- **Dog Park, Clubhouse grassy areas:** Owners must keep dogs under control. and not permit digging or aggression.

CLOSED:

- **Clubhouse grounds on Thanksgiving Day, Nov. 23.**
- **Office closed Nov. 24,** the day after Thanksgiving.



Thanks to **Lisa McKinney** for the use of numerous Halloween decorations for the Boosters Halloween Dinner/Dance.

Thanks to **Pacifico Reyno** and **Chuck Ludwa** for their generous donations of books for the Spring Knolls Library.

Near the Knolls

VETERANS DAY PARADE: Parade begins at 10 a.m. **Nov. 11** on Washington Avenue and Ivy Street, ends at Town Square Park with Field of Honor. **Contact 951 304-7275**

HOLIDAY SALE: Two Friends of the Library stores are selling a large selection of Thanksgiving and Christmas items for half price between **Nov. 1** and **Dec. 31**.

The items include books, CDs, and DVD's. The stores are at the Ronald Roberts Temecula Library, 30600 Pauba Road, and Grace Mellman Library, 4100 County Center Drive.