

RAINBOW BRIDGE

project begins
See page 2



SPRING KNOLLS NEWS

MURRIETA, CA

Happy Independence Day !

JULY 2024

WE'RE A RECYCLING COMMUNITY!



Photos by Ted Vollmer

RECYCLING BEGINS: It's been more than nine months since we learned our trash routines would shift from one container to three. It's finally happened. **Above:** On June 6, Waste Management trucks picked up their first Spring Knolls recyclables, three months after organic waste collections began. Still coming is the swapping of large containers for smaller ones at homes under a senior pay plan. **Reminder:** Due to the July 4 holiday, this week's pickups are Friday.

Are you feeling summer 'vibes'?

It's a beautiful morning as I sit here at my computer, writing to you. My windows are open and a gentle breeze is passing through.



Sandy Vollmer
SK president

Summertime is just delightful around our community. For instance our July 4th parade and free hot dog lunch is just days away. Don't miss it!

And many of us look forward to Friday night barbecues when we can enjoy great food and conversations with our Spring Knolls friends and neighbors.

Meanwhile, our pools are being used almost daily as a way to beat the heat. It's a kind of music hearing all those giggling grandkids.

See **SK PRESIDENT**, next page

Quick Reminder: Dues due on July 1

If you pay your Spring Knolls dues in two installments, you'll need to pay your second installment by July 1.

Due to a shift in trash payments to Waste Management, your second half dues will drop from \$540 to \$410.

You all should have received an invoice reflecting a \$130 credit. If you haven't received one, please contact treasurer Sharon Kilpatrick at



951 285-7800 in order to avoid a 10 percent late fee if your dues aren't paid by July 15.

You may also inquire about dues from 9:30 a.m. until noon on Fridays at the board office.

Don't forget!

What's Inside?

- Former SK president **Judy Francis**
1/16/1939 - 6/2/2024
/ P3



- **Ready for a 7/4 parade?** / P3-5
- **Join our YANA group?** / P7
- **Mary Lou welcomes 7** / P9

spring knolls 2024 directors



- *President.*
Sandy Vollmer
(951) 319-6749



- *Vice President / Architectural*
Jan Towers
(951) 616-4443



- *Secretary / Senior Advocate / Program administrator*
Holli Hanson
(661) 972-0799



- *Treasurer*
Sharon Kilpatrick
(951) 285-7800



- *Director, Rules, Regs, Policies and Procedures.*
Shawnee Miller
(951) 677-6862



- *Residency Data & FOB Administrator.* **Candy Lee**
(951) 239-0669



- *Director: Facilities*
Ron Sieber
(951) 541-6276



- *Director: Common Grounds, Streets.* **Debby Adelhelm**
(760) 717-9876



- *Director: Compliance*
Charlene Kirkwood
(951) 348-0042

support Leaders

- *Spring Knolls Emergency Response Team:* (SKERT) **Alan Hanson (714) 493-1709**
- *Caretaker.* **Lisa McKinney (951) 212-8781**
- *SK common grounds:* **Miguel Enriquez**
- *Spring Knolls Boosters:* **Debby Adelhelm, President, (760) 717-9876**
- *Library Coordinator.* **Karen Jacobs (951) 265-6292**
- *Spring Knolls News:* **Ted Vollmer (951) 319-6749; tscjnews@gmail.com**
- *Spring Knolls News, flyer, delivery team:* **Debby Adelhelm, Dorothy Vaughn**
- *New or replacement trash cans:* **Waste Management, 866 909-4458**

SKA president . . .

From page 1

Just a few reminders to keep the positive energy going:

- As one of a few volunteer BBQ bakers, I'm asking you to please take only ONE dessert each week. If extras are available it'll be announced. We try to make enough each week, and want everyone to enjoy some homemade sweetness.
- **Pool rules.** Grandkids like running and jumping in, but it's dangerous. Our rules are posted near both pools and on patio tables. Anyone not following them will be asked to leave. Bummer!
- **Golf carts.** We understand if you'd like to let your grandkids drive your cart, but licensed drivers only. Murrieta Police officers have written a few tickets for this safety infraction & there are fines.
- **Welcome!** If you see Murrieta officers or firefighters at a Friday night barbeque don't be alarmed. Boosters and the Board have invited on-duty personnel to come for a free meal as our way of thanking them for all they do for us, sometimes many times a day.

- **Beating the heat.** No surprise here. This summer is expected to be another very warm one so drink lots of water! Also protect your pet's paws from the hot asphalt which can quickly burn them, especially on hot days.

As I write this, my mind wanders to my high school summers including great times as a Red Cross volunteer in the Balboa Naval and Sharp Memorial hospitals' labs.

Not all work though. I smile when I recall playing in the ocean and catching rays for "The Tan." Unfortunately, I have lots of skin damage due to "The Tan," but it sure looked cool back then! Ah yes, baby oil!

These days, I don't forget sun screen for me and our grandkids. I hope you don't either. And to maximize protection wait a half hour after using before entering the water.

We're not in high school, but we can all remember summer fun and the "Good Vibrations" the Beach Boys sang about in 1967 are still here for us all! Please everyone, have a great, and safe, rest of the summer!

I'll be seeing you around!

Spring Knolls Board report for June 19, 2024

- **Treasurer's Report:** (Sharon Kilpatrick). As of May 31, 2024: Total operating/checking expenses: \$201,747.97. Total reserves savings funds: \$635,110.21. Year-to-date reserve expenses: \$16,266.77.
 - **Clubhouse entry gates:** (Ron Sieber). Repairs made, and all three gates now working. The board is considering replacing the current fob system implemented in August, 2017.
- The next Spring Knolls Association board meeting is 9:30 a.m. July 17, 2024 in the library.

From the front: Memorial project moves ahead

A Rainbow Remembrance Garden and bridge project approved in February is now underway in a small area on the clubhouse's north side.

Neddi Neri will be installing a French drip and drain system in the area that is now barren after several rose bushes were moved to a sunnier location. New plants will be installed near a small "Rainbow Bridge" where Spring Knolls residents can honor their beloved pets with painted rocks bearing their names and when they passed.



Ted Vollmer photo

The project is expected to be completed in the coming weeks at a cost not to exceed \$915.

Spring Knolls Association (A 55+ age-restricted community)

38441 Via La Paloma, Murrieta, CA, 92563 / 951 677-6862; 951 600-1553 (fax)

Judy Francis, 1939 - 2024

SK president led drought-fighting effort to save water costs

Judy Francis, who served on the Spring Knolls board of directors for 4-1/2 years, died June 2, 2024 in Florida. She was 85.

Judy's proudest achievement was spearheading a landscaping project, completed in May 2020, in which most clubhouse turf was replaced by drought resistant plants, scores of rose bushes and an irrigation system.

Funded by a Southern California Water District grant, the project aimed to save the association thousands of dollars that annually had paid for watering clubhouse lawns.

Judy was first elected to the Spring Knolls board in 2016, and served as vice president under past presidents **Dennis Dillon** (2016) and **Steve Newton** (2017-2018).

In 2017, she assumed two positions — board vice president in which she oversaw Spring Knolls escrows, and also president of the Spring Knolls Boosters.

In September 2018, Judy succeeded Steve Newton when he and his wife Jan moved to Golf Knolls. She was re-elected president in January 2019, and again in January 2020.

Judy resigned from the board on June 16, 2020, citing previously unknown health issues. She moved in 2021, first to Escondido, then to Menifee and most recently to Florida to live with her son Chris.



Spring Knolls News file photo by Sandy Vollmer
MANY HATS: 2017 Boosters president **Judy Francis** (far right) poses in the Eaker Hall kitchen with fellow Boosters (from left) **Shirley Fields, Dorothy Moore, Dorothy Vaughn, Linda Dunn** and **Lorraine Haber** during the 2017 July 4 Parade / luncheon celebration. Judy also served 4-1/2 years on the Spring Knolls board of directors, nearly two as president.

Judy grew up in Gardena, CA. At Gardena High School she began a decades-long friendship with Dorothy Vaughn. Because their maiden names were close alphabetically, Dorothy said they sat next to each other in typing class and became fast friends.

Years later they learned that Judy and Dorothy's husband and Judy's second husband all shared the same birthday, Jan. 16.

After Gardena High, Judy earned a bachelor's degree in psychology and worked for McDonald Douglas for 15 years as a technical director.

Later, she moved to Coeur d'Alene, Idaho with her first husband where

she worked for years in real estate.

After a divorce, Judy moved to Redmond, Ore., where she served on the Women's Commission on Alcohol and Drugs and the League of Women Voters. She retired as CEO for Bridgeway, a Salem, Ore. alcohol and drug treatment center.

Judy moved from Redmond to Spring Knolls in 2015, about a year after her second husband, William Francis, died. Judy's Gardena High classmate, Dorothy Vaughn, said she told Judy about Spring Knolls and suggested she move here. And she did.

Besides her son Chris, Judy is survived by two grandchildren.

Letters TO THE Editor

A salute to a flag saver

I would like to thank the person who saw my broken flagpole with the flag attached lying on the ground.

Thank you for picking it up and placing it safely on a chair on my deck. Thank God there are patriots who love what our flag stands for.

Marie Parker
 Calle de la Paz, Spring Knolls

A few words before our July 4 parade

We're looking forward to our **July 4 golf cart / custom cars /parade!** Remember to decorate your golf cart.

See the Parade map on Page 4. There will be signs corresponding to the map numbers to make it easy to follow the route and let you know when we'll show up.

Things to know:

9 a.m.: Line-up begins at the clubhouse... **9:15 a.m.** Grand Marshal **Raphael Cervantes** is introduced ...



9:30 a.m. Parade starts. We'll go through Warm Springs and Spring Knolls, and return to the clubhouse at **10:30 a.m.**

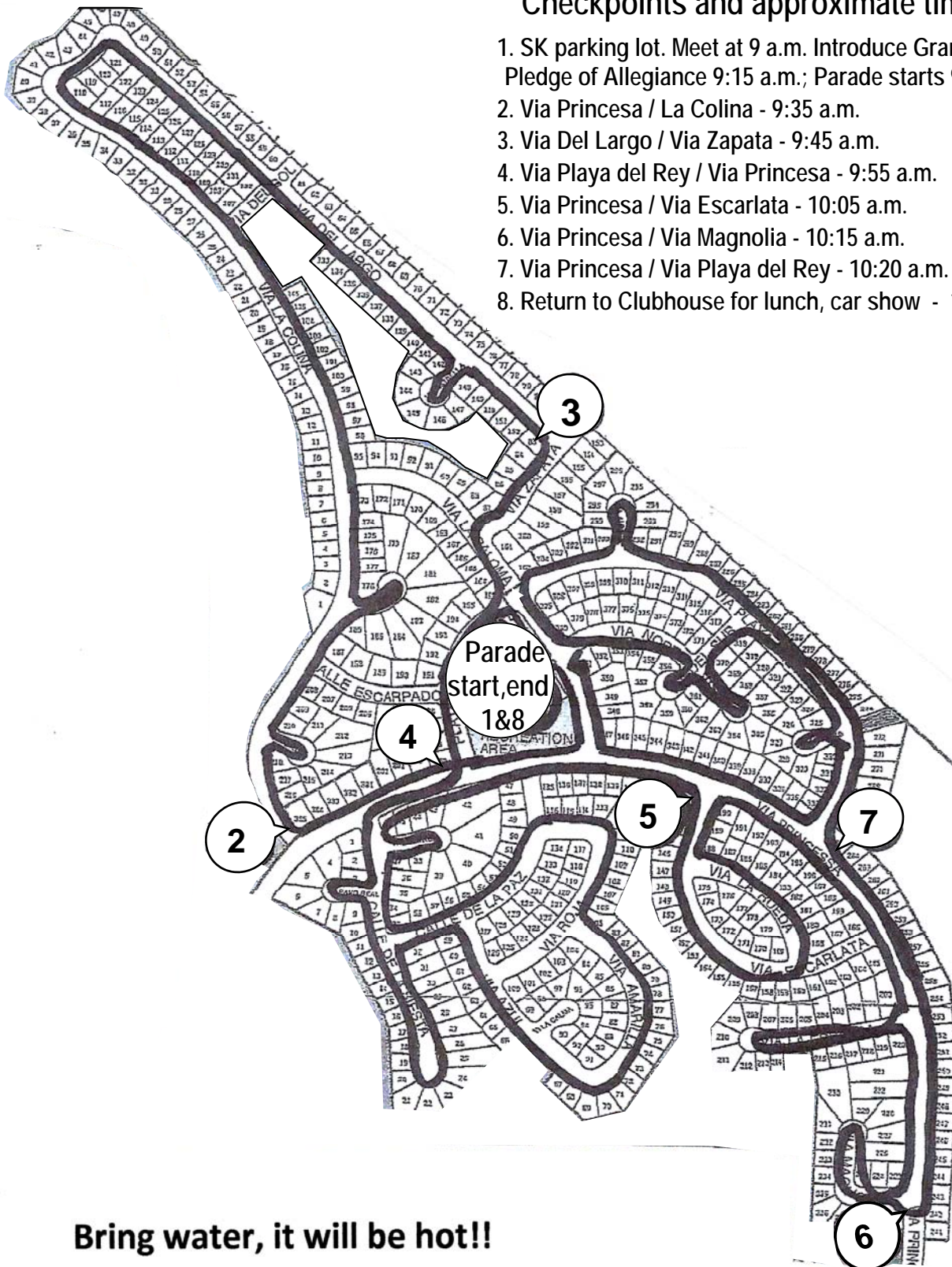
The Drifters car club will hold a car show at the same time that free hot dog lunches are served. Games will be set up for your entertainment.

The *Spring Knolls News* will be photographing the parade, so encourage your neighbors to come out and cheer on our decorated participants!

July 4 Spring Knolls / Warm Spring Knolls Parade Map

Checkpoints and approximate times:

1. SK parking lot. Meet at 9 a.m. Introduce Grand Marshal/ Pledge of Allegiance 9:15 a.m.; Parade starts 9:30 a.m.
2. Via Princesa / La Colina - 9:35 a.m.
3. Via Del Largo / Via Zapata - 9:45 a.m.
4. Via Playa del Rey / Via Princesa - 9:55 a.m.
5. Via Princesa / Via Escarlata - 10:05 a.m.
6. Via Princesa / Via Magnolia - 10:15 a.m.
7. Via Princesa / Via Playa del Rey - 10:20 a.m.
8. Return to Clubhouse for lunch, car show - 10:30 a.m.



Bring water, it will be hot!!

Call Holli Hanson if you have questions: 661-972-0799



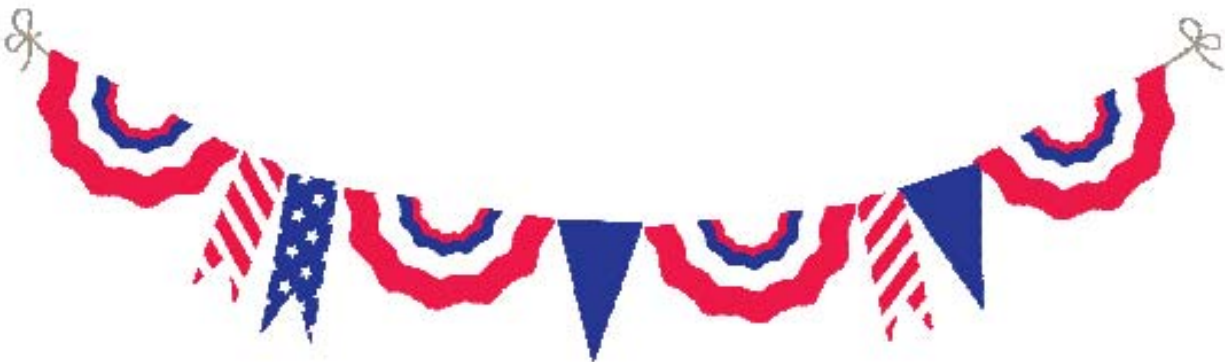
July 4th Parade

various modes of transportation

Thursday, July 4 at 9:30 a.m.

(arrive at SKA clubhouse by 9 a.m.)

Free hot dog lunch, car show for all!



Questions? Please call Holli Hanson at 661 972-0799

Boosters Bits

It's nearly time to get the (decorated) good times rolling!



Dorothy Vaughn
Boosters VP

We hope all you handsome Dads, Fathers, Pappas, Pops — whatever loving name you're known by — had a wonderful Father's Day!

Our Spring Knolls BBQs are moving right along. We've had nice crowds and plenty to eat, mouth-watering desserts, great company, REALLY nice 50/50 drawings, door prizes and drawings for free meals. We thank all

who have donated prizes. In future weeks we'll be adding specials to our menu. They'll include BBQd pulled pork and meatball sandwiches and Spring Knolls Patty Melts. *See Menu, page 6.*

If you have leftovers from the Community Garage Sale that you don't want, call us and we'll take what's left (at our discretion).

And get your red, white and blue ready for the 4th of July. Decorate

your golf cart, bicycle, walker, wheelchair – whatever rolls — for the parade that starts at 9:30 a.m. and then come for a free hot dog luncheon and classic car show.

For those who knew her, **Judy Francis** passed away. She served as our SKA President from September 2018 until June 2020. She also served a year as our Boosters president. She had many dear friends here, myself included.

HAPPY BIRTHDAY!

Tom Baird
Bill Aguerre
Marieda Allen
Ardath Boyer
Susan Britt
Warren Bryant
Michael Burgess
Leona Bychek
Glen Cardin
Sally Carell
Ronald Conti
Ginny Cruz
Rachel Crystalbird
Thomas Dubose
Valod Esmailian
Janet Gonzales
Sharon Hauge
Gerald Heiner
Melvin Herman

Michael Hower
Franz Hubner
Rita Hult
Bernard Jara
Lilliana Junio
Lora Klump
Angela Martello
Charles Mayer
Dorothy McKay
Dana Modreman
Maria Montiel
Jose Montiel
Dana Moorman
Sharon Morgan
Erma Nelson
James Netherton
Lisa Neuman
Dale Neumann
Karol Parker

Elsie Pittam
Connie Power
Marvin Ratcliffe
Kenneth Rishe
Paula Rodig
Michelle Rosenberg
Gloria Todd-Rousseau
Cherry Santos
Mary Beth Schaefer
Rose Soria
Sam Soria
Jerry Towers
Diane Velasquez
Ignacio Villareal
Arlene White
Thomas White
Sonia Wiggins
Frederick Williams
Martha Williams



Ed & Sharon Carey
Ruth & Miquel Enriquez
Rick & Cheryl Neff
Mike & Linda North
Joe & Stephanie Valdez

Are we missing anyone here?

Every month, the *Spring Knolls News* hopes to wish everyone a Happy Birthday and/or Anniversary.

If you know of anyone we've missed, including for the In Memoriam area below, please contact us at **951 319-6749** or email tscjnews@gmail.com

In Memoriam



Judy Francis
Jan. 16, 1939-June 2, 2024
Via Amarilla

Charles F. Asmus
(June 1926- July 1997)
Via Taffia

Ardath Eloise Boyer
(July 1926 - July 2017)
Via Azul

Charles Leo Driscoll
(Oct. 1927 - Sept. 2010)
Via Princesa

Geraldine Maria Favia
(Nov. 1937 - July 2010)
Via Princesa

Frank Clarence Feher
(March 1934 - July 2015)
Via Escarlata

Eula H. Greer
(Feb. 1922 - July 2014)
Via Princesa

Roger Groon
(June 1933 - July 2005)
Via Playa del Rey

Robert J. Jendrock
(Sept. 1929 - July 1994)
Via Norte Vista

Robert W. Kudelka
(Sept. 1934 - July 1996)
Via Princesa

Wilbur Melvin Lawhead
(July 1923 - July 2015)
Via Roja

Dale Majors
(Sept. 1932 - July 2015)
Via Roja

Jack Lee Milner
(July 1922 - July 2008)
Calle de la Siesta

Emil Ronald Nunnaro
(Jan. 1921 - July 2008)
Via Norte Vista

Mabel Elaine Quirke
(May 1924 - July 2012)
Via Playa del Rey

Bonnie Colleen Raines
(Dec. 1940 - July 2019)
Calle de la Siesta

Martin Edward Skinner
(Oct. 1947 - July 2015)
Via La Espalda

Salvatore Frank Zaita
(Jan. 1920 - July 2011)
Via del Sur

Check out solar ins /outs before installing

By Jan Towers

Vice President, architectural director

A few of our residents recently added a solar system and are pleased with the results. As with anything, do your research and ask friends or neighbors for references.

Also, a reminder that even if you're simply having a roof repair or a new roof, you must obtain all necessary permits. Any legitimate contractor knows what's required. Make sure you ask all important questions.

It's always great to see our residents making home improvements. We all benefit from our neighborhoods looking clean and fresh!

Since there's been an uptick in solar system installations, I'm sharing some important information directly from HCD (California Department of Housing and Community Development) about Manufactured Home



Roof Mounted Solar Photovoltaic Systems. Be aware of potential negative impacts of attaching solar panels on manufactured home roofs.

What you should know....

- An HCD permit is required for any Solar System installed on manufactured homes.
- Permits help protect you from damages caused by solar installers.
- Manufactured home roofs are not accessible — damage resulting from poor installation practices is not visible.
- Before entering into an agreement with a solar company, make sure they are licensed by the Contractors State License Board www.cslb.ca.gov and have obtained a HCD permit.

Help us launch YANA in Spring Knolls

By Holli and Alan Hanson

How would you like to help someone in your community without ever having to leave your house?

We have been working with Murrieta Police Officer Michael Byrne who works with the PD's program called YANA (You Are Not Alone).

We would like to work with their program or start our own. The idea is to have volunteers call residents who are not mobile, have trouble getting

out or just want someone to talk to.

SKERT Area Coordinators will help with calls, but we'll need more than them. At our SKERT meeting we discussed how the program would work, and Officer Byrne tentatively agreed to meet with us on **July 10 at 6 p.m.**

If you'd like to be a part of this YANA committee please come to the meeting and hear what it's all about.

— Holli Hanson is the SK senior advocate; Alan is SKERT chairman.

Some things to know about H2O

By Charlene Kirkwood
SK Compliance Administrator

Here comes the sun. Yes, summer has arrived.

I hope everyone is staying cool and hydrated by drinking plenty of water.

Speaking of water, our plants also need more water during the hot weather. If you have plants in the ground or in pots that are dried out please cut them back or remove them.

Cypress, oleanders and similar plants or bushes must be trimmed to no higher than eave height.

Please check that there are no weeds growing in the street area abutting your lot. A spray bottle with vinegar should take care of those.

Also, please be sure there are no tree or shrub branches hanging over the street. They need to be cut back to avoid vehicle contact or low enough not to affect traffic visibility.

These are all in our Rules and Guidelines, page 10, item 13, under Property Maintenance.

Also, summer is mosquito time, so please check that there is nothing on your property holding water that provides a place to lay their eggs.



Friday BBQs**:

Through - Aug. 30, 5-7 p.m.

- **Hamburgers** \$6
- **Cheeseburgers** \$6.50
- **Veggieburgers** \$6
- **Hot Dog** \$5.50
- *** Specials: (July 12), patty melt** \$7
- **Chili for burger or hot dog** \$0.50
- **Sodas/Water** \$1

(Includes potato salad, beans, toppings, watermelon, dessert)

****No BBQ July 5 due to holiday**

Ho👉gePodge

YARD MAINTENANCE: There will be a yard maintenance day, tentatively set for **Saturday, July 13**. Call Jessica **951 396-3362, ext. 209** to get on a yard help list. Space is limited.

CELL PHONE CLASS: Avon Hall will be conducting a third IT class at **2 p.m. July 10**. Please bring your phone, tablet, and/or computer and learn a few new tricks!

NO SOLICITORS: Much like mosquitoes, summer often brings solicitors. Posted signs

tell solicitors they're not welcome in Spring Knolls. So, if they're at your door, tell them you'll be calling the police if they don't leave.

MAIL THEFTS: Consider getting a locking mailbox or use the large postal box at the clubhouse entrance to deposit your outgoing mail or take it to the post office.

A QUARTER A RIDE: Through Aug 31, the Riverside Transit Agency is offering 25-cent rides on all fixed-route and GoMicro buses every day including weekends. To learn more contact **951 565-5002** or go to RTA's website.



ADVISORY FOR MANUFACTURED HOME ROOF MOUNTED SOLAR PHOTOVOLTAIC SYSTEMS

Homeowners!
Beware of potential negative impacts of attaching solar panels on manufactured home roofs.



What you should know...

- An HCD permit is required for any solar system installed on manufactured homes.
- Permits help protect you from damages caused by solar installers.
- Manufactured home roofs are not accessible—damage resulting from poor installation practices is not visible.
- Before entering into an agreement with a solar company, make sure they are licensed by the Contractors State License Board www.cslb.ca.gov and have obtained a permit from HCD.



CALIFORNIA DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT
1.800.952.8356 www.hcd.ca.gov





By Mary Lou Morgan
SK News Welcome writer

I'd like to welcome seven newcomers to our Spring Knolls community:

Sindy Marinakis, 28940 Via Norte Vista.

Sindy was born in Inglewood and moved here from Downey. She has been a bartender and cleaned her fair share of houses. Sindy has one child and three grands. She loves walking and poker machines.

Michael & Linda Condry and their daughter **Nicolette**, 38631 Via Es-carlata.

They know the Knolls well, having

lived in Warm Spring Knolls and Golf Knolls. Michael worked as an architect and Linda was a busy Mom raising 4 children.

They have 9 grands and 2 great grands.

Michael likes to dabble with wood burning. Maggie Mae, their Mal-tese/yorkie, moved with them.

Gail Otto, 29172 Via Playa del Rey Gail is a true California girl, born in Long Beach. She's lived in Murrieta for quite some time and for a while lived part time in Las Vegas.

Retired from Abbott Laboratories, Gail likes to garden, do needlework and even paint houses. She

spends time with Milo (Maltipoo) and Coda (Chihuahua mix).

Scott & Stephanie Bramhall, 28775 Calle de la Paz.

Scott was born in Lancaster, Pa. and Stephanie in Los Angeles. They moved here from Hemet.

Scott is employed at Ross Dress for Less and Stephanie works at Hank's Hardware and Lumber.

They have 4 children and 9 grands and enjoy the gym, cooking and, of course, their family and the family pet Nona.

Scott served proudly with the U.S. Marine Corps.

Are you new to Spring Knolls and want to be welcomed to your new community? Call Mary Lou at 760 613-7513.

Spring Knolls *Free* Classifieds

{ To place a free classified, email your ad with photo (optional) to tscjnews@gmail.com Questions? Call (951) 319-6749 }

E BIKE: AVENTON E BIKE. Many accessories. Well maintained by an engineer. About 4 years old. GREAT



DEAL. Perfect condition. Was \$1,600 new. **Selling for \$900. Call Carole @ 518 495-0825**

AUTOMATIC ICE MAKER: Rowan. Portable. Like new; only used once. \$40. **Call Yvonne @ 951 249-9410 (Landline).**



Attention Spring Knolls community!

Are you in need of healthcare coverage but have limited income and resources? Medi-Cal may be able to help! As a California state-run Medicaid Program, Medi-Cal provides affordable healthcare coverage to eligible individuals and families.

If you're 65 or older or have certain disabilities, you may also qualify for Medicare, a federal health insurance program. DHCS is reviewing Medi-Cal cases and will send a Big Yellow Envelope to those who need to fill out a form to avoid losing their coverage.

If you have any questions or need help with your insurance options, contact Sarah Human (Spring Knolls resident), an experienced insurance agent with a CA LIC 0K16275 at 310 980-9509 or sarah@sarahinsure.com, or visit www.sarahinsure.com.

REALTOR: Paula Rodig, A Knolls resident Realtor. **Call or text 949 324-5141.** Stanfle Realty, DRE# 01731868.

SIGNING PARTNER: I'm taking an ASL (American Sign Language) class and seeking someone who signs, to practice with. If interested call: **Pat, 970 749-4221** Thanks!

MAHJONG: Seeking Mahjong players to play regularly. If interested, please call **Mary Lou Morgan 760 613-7514.**



CURTAINS, AREA RUGS: Curtain sets, \$15 each pair. In beautiful shape. Panels are 84" X 48." Four sets but you can buy one or more. Machine washable. **Rugs:** 1. Gray/white diamond pattern, 5' x 7'; 2. 5' x 2' runner; and 3. 3' x 2' rug . **\$25 FOR ALL 3..Call or text Marla, 951 694-2874.**

HAIRCUTS / BEAUTY SERVICES: Offering hair cut and other beauty services in your home for your convenience (female & male). I'm a licensed cosmetologist with more than 18 years' experience. Call **Nancy @ 951 414-9554**

Knolls-wide sale attracts scores of bargain seekers



Displaying items ranging from clothing to collector items, unique art items to children's toys, dozens of Spring Knolls residents participated in the June 29 Community Garage Sale.

Many residents said they had a brisk and steady stream of shoppers, some of whom arrived long before the 8 a.m. start time. A few trucks laden with furniture and other odds and ends rolled through the streets hunting for deals.

Afterwards, some hosts generously donated leftover items to the Spring Knolls Boosters for their upcoming 2nd Hand Treasures event set for late September.

If you wish to donate items, contact Debbie Adelhelm at 760 717-9876; Dorothy Vaughn at 951 696-0871 or Ted Vollmer at 951 319-6749 and someone will pick them up at your home.




Thank you!

Thanks to these SK residents for donating unsold items for the Boosters 2nd Hand Sale:

- Julia Barringer
- Esther Clausen
- Miguel & Ruth Enriquez
- Karen Farr
- Gayla Krueger
- Lynda Miller
- Linda North, Marla Holguin
- Cliff Sargent
- Carole Warburton



July 2024: What's up in Spring Knolls & beyond? **

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* * Events in Eaker Hall unless noted.	1 Nat'l postal worker day; Int'l Joke Day; Battle of Gettysburg	2 Bible Study 10 a.m.-noon; I Forgot Day; World UFO Day	3 Nat'l Compliment Your Mirror & Stay Out of Sun Day	4 July 4 Parade & lunch, 9:30 a.m. – noon; Details, 3-4	5 SK office hours, 9:30-noon; Nat'l Bikini & Workaholics Day	6 Golf Knolls BBQ, 4:40 - 6:30 p.m.; Islamic New Year; Int'l Kissing Day
7 Bible Study 10-11 a.m. GK c'house; Chocolate & Global Forgiveness Day	8 Nat'l Love Your Skin, Video Game; Town Criers Day	9 Bible Study 10 a.m.-noon; Cow Appreciation Day	10 Boosters 10 a.m.; ... Cell phone class, 2 p.m.; ... SKERT 6 p.m.; National Kitten Day	11  1-4 p.m.	12 SK office hours, 9:30- noon; Friday BBQ 5-7 pm Nat'l Simplicity Day	13 Golf Knolls BBQ, 4:40 - 6:30 p.m. Nat'l French Fry Day
14 Bible Study 10-11 am GK c'house; Bastille, Mac & Cheese Day	15 Nat'l Give Something Away; Blackcurrant Day	16 Bible Study 10 a.m.-noon; Moon Landing Anniversary (1969);	17 Regular board meeting, 9:30 a.m.; Nat'l Hot Dog, Lottery, Emoji Day	18 Murrieta Market night, 5-9 p.m.; Nelson Mandela; World Listening Day	19 SK office hours, 9:30- noon; Friday BBQ 5-7 pm	20 Golf Knolls BBQ, 4:40-6:30 pm; World Jump, Chess Day; Nat'l Moon Day
21 Bible Study 10-11 am GK club house... National Ice Cream, Junk Food Day	22 Nat'l Hammock Day	23 Bible Study 10 a.m.- noon; Nat'l Gorgeous Grandma Day	24 National Tequila; Cousins, Pioneer Day	25 Nat'l Hire a Veteran; Intern Day	26 SK office hours, 9:30- noon; Friday BBQ 5-7 pm Uncle & Aunt Day	27 Golf Knolls BBQ, 4:40-6:30 p.m.; Nat'l Disability Independence Day
28 Bible Study 10-11 am GK c'house	29 Nat'l Lipstick; Rain; Lasagne Day	30 Bible Study 10 a.m.-noon; Cheesecake; Father in Law Day	31 Nat'l Avocado; World Ranger Day	July Gemstone: Ruby. Flower: Larkspur, Tulip or Water Lily. Zodiac: Cancer & Leo		

Open'nClosed

Open:

Board office hours: Fridays - July 5, 12, 19, 26; 9:30 a.m.-noon

- **Clubhouse Summer hours:** 8 a.m. - 8 p.m. Gym, library, both swimming pools. Jacuzzi or billiards room. Call **Ron Sieber @ 951 541-6276** for more information. (The large pool is heated for the summer.)
- **Eaker Hall:** Clubhouse ground events need advance Board of Directors approval. Call **Debbie Adelhelm @ 760 717-9876** at least 2 weeks in advance.
- **Dog Park, Clubhouse grassy areas:** Owners must keep dogs under control and their poop picked up in all Spring Knolls areas.
- Dogs must be leashed at all times in the clubhouse grassy areas.

Here'nThere

Here . . .

- **July 4: SPRING KNOLLS PARADE:** Set up 9 a.m.; parade starts 9:30 a.m.; free hot dog lunch, car show to follow.
- **July 10: CELL PHONE CLASS:** 2 p.m., Library. Avon Hall holds third class on cell phone, tablet, laptop issues.
- **July 10: YOU ARE NOT ALONE (YANA):** 6 p.m. Murrieta Police officer discusses the YANA program and how to set one up in Spring Knolls. Eaker Hall. (Details on page 7.)
- **July 11: BINGO!** 1-4 p.m. in Eaker Hall. (second Thursday of month.)
- **July 12, 19, 26: FRIDAY NIGHT BBQs:** 5 – 7 p.m. (No BBQ on July 5 due to free hot dog lunch on July 4) Menu, page 7.

There . . .

- **July 6, 13, 20, 27: SATURDAY NIGHT BBQs:** 4:30 - 6:30 p.m., Golf Knolls. Jeanne, 951 600-9834.
- **July 13: SAFETY & INFORMATION FAIR:** 3-4:30 p.m. in Golf Knolls Banquet Room. Free admission.
- **July 25: BINGO;** 6-9 p.m., Golf Knolls.
- **July 10, 17, 27: CONCERTS IN THE PARK (FREE):** Town Square Park and Amphitheatre. **July 10:** John Demps Full Effect Band; **July 17** Kylie Trout (country); **July 27:** Stevie Nicks Illusion, 7-11 p.m.
- **July 18: MURRIETA MARKET NIGHTS,** 5-9 p.m., Washington Ave. & Juniper St. Free. Music, food, activities.
- **July 23: COFFEE WITH THE CITY:** 8:30 – 9:30 a.m. Meet over coffee about local issues with city officials. Murrieta Innovation Center; 26442 Beckman Court. (All times subject to change.)

Spring Knolls Medley



Spring Knolls Medley

JOIN THE MEDLEY! Please share your Spring Knolls experiences for the Medley Page that appears in our on-line edition. If you have favorite recent or past photos about our community or area, send them with a description — including the approximate time they were taken — and your name to:

Spring Knolls Medley

38441 Via La Paloma,
Murrieta, CA 92563, or email photo & information to
tscjnews@gmail.com

or email your photos with a brief description and your name to
tscjnews@gmail.com

A Bunny & Booster BBQ treats

(Clockwise from top left)

Bunny salute: Debbie Adelhelm captures a bunny (lower left) at attention near the array of flags on the clubhouse grounds ...

Mary Lou Morgan staffs watermelon table near the hot dog and burger condiments and fixins' at a Friday night BBQ ...

Busy Booster Bakers are preparing a variety of home made desserts for the Friday night BBQs. As you might expect, they're a popular feature after diners finish their tasty burgers and/or hot dogs at the weekly clubhouse events. The dinners run through Aug. 30, except for July 5.

Photos by Debbie Adelhelm and Ted Vollmer

Spring Knolls Pool Rules



Warning: No lifeguard on duty

Swim at your own risk

In case of emergency, call 911

(Emergency phone is next to the Library entry doors.)

- Spring Knolls owners/residents with a gate fob **must be** with guests at all times (*limit of 4 guests*) while in pool areas.
- Owners/residents are responsible for their guests' behavior.
- Adults **must be** with children at all times: (1 for every 3 children).
- Pool capacities. **Adult pool: 50** (18+ only) / **Small pool: 30** (all ages).
- **No** running in pool areas.
- **No** loud games or excessive splashing at either pool.
- **No** diving, jumping, 'bombing,' or pushing people into the pools.
- **No** bikes or pets in pool areas. Guide and service dogs permitted.
- **No** food allowed except at designated patio tables.
- **No** glass containers or dishes in pool areas. Non alcoholic drinks in plastic containers are allowed.
- **No** float devices are permitted except 'noodles' and child 'floaties'.
- **No** wet bathing suits permitted in carpeted clubhouse areas.
- Children under 3 must wear leak-proof diapers / pants
- **No** pool use by anyone with active diarrhea in the past 14 days.
- Restrooms/showers are by the caretaker's residence. Please use them.
- Please wait at least 20 minutes to enter pools after applying sunscreen. This aids sunscreen absorption & prevents pool-clogging residue.
- **The Jacuzzi is available only to those 18+.**

Pool rules include those of California Health Department and the Spring Knolls Association.

Violators may be asked to leave & are subject to fines, and/or suspension of pool privileges.

Rules updated June 2024 by Spring Knolls Association Board of Directors

BEAT THE HEAT

DRESS LIGHT

Wear loose-fitting clothing



STAY COOL

Stay somewhere with air-conditioning



LEARN

Stay informed and learn how to prevent, recognize and treat heat-related illnesses



EAT LIGHT

Avoid hot foods and heavy meals

STAY SAFE

Never leave infants, pets or children in parked cars



USE SUNSCREEN

Use sunscreen with SPF 15+ when going outside



STAY HYDRATED

Stay hydrated but avoid alcohol and liquids with large amounts of sugar



COOL DOWN

Take a cool shower or bath



Protect yourself.... and your four-legged loved ones...



> PROTECT YOUR DOG'S PAWS **WEATHER AUTHORITY**

AIR TEMP	CONCRETE	ASPHALT
80°	95°	115°
85°	105°	130°
90°	125°	140°
95°	140°	155°

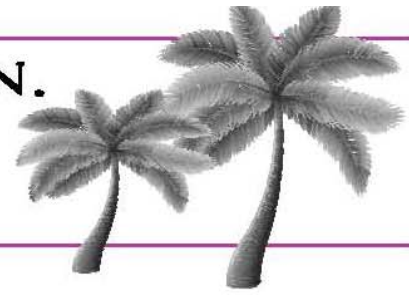
7 SECOND RULE - PLACE HAND ON THE SURFACE TOO HOT FOR YOUR HAND, TOO HOT FOR YOUR HOUND

A photograph of a light-colored dog sitting on a hot surface, likely asphalt, with its paws on the ground.



SPRING KNOLLS ASSN.

38441 Via La Paloma, Murrieta, CA 92563
phone: (951) 677-6862 / fax: (951) 600-1553
springknolls1@verizon.net



TO: **Spring Knolls Owners of Vacant Property**

RE: **Vacant Property Protection**

Spring Knolls Association representatives, along with those from Warm Springs and Golf Knolls, recently met with Murrieta Police Department representatives about problems in our communities associated with vacant properties.

Knolls residents have reported to police about squatters, vandalism, drug usage and/or sales and other disturbances from outsiders using vacant properties to carry out harmful and illegal acts. We all know that some think that seniors are an easy target.

As a result of our meetings, the Murrieta Police Department has agreed to extend its vacant property program to the Knolls **at no cost to our property owners**. (Recordings of vacant property with the police department usually cost \$75 per property.)

A Murrieta Police Department **Letter of Authority**, see enclosed, allows police to enter your vacant property due to suspicious activity when you are away on vacation or your home is empty. The letter states that **before** they may enter the property, **NO TRESPASSING** signs also must be posted that are clearly visible to them. The police recommend a minimum of two signs, one in a front window and another on an entry gate.

This is an all-out effort to help keep squatters and other illegal activities out of our communities; and help protect your property. **Important note: NO TRESPASSING** signs alone are not sufficient to allow police to enter your vacant property if suspicious activity is reported. Unless your completed **Letter of Authority** form is on file, they will have to wait until you arrive to enter. Waiting may result in avoidable damage and/or the perpetrators already leaving the scene.

Your Board of Directors views this program as a win-win for everyone. It, however, does not exempt you or your designee from regularly checking your vacant property and making sure it's secure and maintained. That includes your responsibility to post the police-required **NO TRESPASSING** signs on your property.

Please complete the enclosed **Letter of Authority** and return it to the Spring Knolls Office so that we can get your vacant property in the program. For your convenience, No Trespassing signs are available at the Spring Knolls office for a \$1 each.

Sincerely,

Sandy Vollmer, President

Enclosure



CITY OF MURRIETA
Letter of Authority 602 (o) PC

Date: _____

To: Chief of Police

I am the owner or owner's agent in lawful possession of the referenced property located in the City of Murrieta.

Name: _____

Property Address: _____

I / We have seen an influx of undesirable trespassers on this property. I / We are concerned about possible theft, vandalism, drug dealing and/or drug usage caused by trespassers on the property. Because of this trespassing, we have experienced monetary loss due to vandalism, theft and a decrease in paying customers.

There are "**No Trespassing**" signs posted throughout, in plain view and in the common area associated with the property. I / We therefore request you and your staff enforce the trespass provisions of the California Penal Code and / or Murrieta Municipal Code in respect to the listed property.

I expressly authorize your officers to arrest and/or issue citations to trespassers during the following **one year period** starting on: _____

I understand it is my responsibility to renew this authorization in one year from above date. I will notify you if sometime in the future, I am no longer the owner, agent or representative of this property.

The following information provides your department with the ability to contact me or person(s) with authority to respond in my absence.

Property Owner

Owner Address

() _____
Contact phone number

Manager / Agent Requester (print full name)

Manager / Agent Contact Number

Signature

You can only **win** if you play this...

How many squares can you check off in a week?

Print this game card, put it up, and begin managing *your* stress ...

During the week, try these stress management tips. They can help you to take a break from your stress, help you stay organized, solve your problems, and also help you to feel better!

B I N G O

Slept/rested for 8 hours.	Said "No" to an optional request so I could have time for myself.	Made a list of things I needed to do.	Found something that made me laugh when I was upset.	Listened to some music when I felt stressed.
Exercised for 30 minutes three times this week.	Talked to someone about something that was bothering me.	Watched my favorite TV/Netflix show.	Asked for help with a problem.	Tried deep breathing meditation.
Chose a healthy snack.	Spent 30 minutes or more relaxing outside or with your pet.	Free Space	Stretched my muscles or did yoga.	Read a book or comic for 30 minutes or more.
Wrote in a journal about my day.	Did my favorite hobby.	Started with the hardest task first.	Made a schedule (including relaxation time).	Brainstormed ways to solve a problem.
Spent 30 minutes learning something new.	Said a positive affirmation to myself when I was stressed.	Took a 15-20 minute power nap.	Did something creative.	Spent time with a friend/loved one.