



WARM SPRING KNOLLS

A 55+ Community



Community Newsletter

February 2025

38145 Via Del Largo
Murrieta, CA 92563

Office: (951) 677-5758

wsk.murrieta@gmail.com

Office Hours:

Fridays - 9 to noon

2024 Board of Directors

President

Woody Smith
951-440-6900



Vice President

Nancy Misko
805-268-0523



Treasurer

Joanne Marsh
714-401-7648



Secretary

Margaret Ortiz
951-795-3099



Architectural Director

Henry Kantrowitz
951-252-5652



Facilities Director

Debra Clark
562-322-7727



Keys & Calendar

Sherry Tatar
951-536-4604



Alliance Association Management

42111 Avenida Alvarado
Suite E2
Temecula, CA 92590
951-412-1662

Newsletter.wsk@gmail.com

A Note From Our President– Woody Smith

Well our elections are over. Congratulations to Nancy Misko, Debra Clark, and Margaret Ortiz. The election was held on January 18th and turned out to be a surprise to a lot of people. Our newly appointed Board members are listed to the left. Thank you to everyone who participated. Also a big "Thank you" to Carol Brown, Elaine Schneider and Lorraine O'Canina for helping out with our voting from start to finish. Those ladies did an awesome job.

I would also like to thank Tom Woolslayer, for being on the 2024 Board. We will miss Tom and his guidance. He was very helpful and knowledgeable and will be missed. However, knowing Tom, I have a feeling he will still be around helping in every way he can. (He's like that!) Thank you Tom,

Remember the Board is always here to help you in any way. The office is open every Friday from 9:00am till noon. Please watch for upcoming events in the future Newsletters.

Woody



2024 End of Year Summary

Operating Account	81,134.28
Cd Investment (Reserves)	144,605.50
Reserve Saving	188,345.88
TOTAL RESERVE (65% funded)	332,960.38
TOTAL FUNDS	414,330.59

From the Treasurer– Joanne Marsh

I am happy to say with the January Membership meeting we ended the year on a positive note, which makes the outlook for 2025 look great. We will be using a large amount of the reserve monies for the projects that the board has approved for 2025. For all who sadly didn't make the meeting, and you have any questions, please give me a call and I will be happy to go over it with you. I ask you please don't ask your neighbors or listen to any negative rumors. It causes such chaos in the community and for the board. We volunteer to help keep our community in tip top shape and not to deal with unnecessary DRAMA. Its so not healthy or neighborly. You are all so special and we appreciate you.

Happy Valentines Day to all
Joanne Marsh



WSK HOA FINANCIALS

YTD as of end December 2024

Operating:	\$ 81,134.28
Reserve:	\$188,354.89
CDs:	\$144,605.50
Petty Cash:	\$ 235.96



WSK Board Meeting
February 18, 2025
@ 10:30

2024 Volunteers

Activities

Sherry Tatar
951-536-4604

Audit Committee

Open position

Clubhouse Rental

Sherry Tatar
951-536-4604

Compliance Officers

Frank Biddle
760-716-4775
Ken Marsh
714 3-93-8804

Emergency Prep

Open position

Library

Sue Starling

Newsletter

Ray Clark

Senior Advocate

Shelby Price
951-303-4409

Streets/Infrastructure

Jim Francis
951-440-2215

Welcome Committee

Therese Leone
Joanne Marsh
714-401-7648

Website

James Sebring
760-294-1122

Police (non-emergency)

951-304-2677

Waste Management

(Trash bin replacement)
714- 558-7761

From the Vice President– Nancy Misko

I would like to thank everybody who came to our annual meeting and voted for our new 2025 board of directors. I would also like to thank all the other candidates for stepping up to run for office. I was especially overwhelmed by your trust in me with all your votes to continue on the board. It's great that we have more residents wanting to get involved with our community and HOA. As your new Vice President I would like to ask for any resident who may have some extra time to join my compliance team. Please let me know and I can give you details on what is needed. It may just be donating an hour or two each month.

As I turn my facilities duties over to Debra Clark, I want to thank you for your support over the last 5 years in that position and know you are in good hands as Ray Clark will still be assisting in that position. We all try to work as a team and will continue to provide the best HOA services possible in our volunteer capacity. On another note, please don't forget to get your resident form completed, signed and returned ASAP. If you did not receive an Annual Membership packet, let the office know. Apparently many were sent out in email and were overlooked or the attachment was not opened. We can email another copy or make a hard copy if requested.

Thanks and Happy February!
Nancy



From Facilities Director– Debra Clark

I want to say, thank you to all who came out to vote and thank you for your confidence to keep me on the HOA board. My position now has been appointed to Facilities Director. I will do my best to keep the club house facilities and the surrounding area in tip top shape. Our spa renovation is still in progress but has taken longer than expected. It should be finished by mid February. Hope you all have a Happy Valentine's Day.

Debra



From the Secretary– Margaret Ortiz

I want to thank you all for your vote of confidence. Just getting my feet wet with Sherry's help. I am here for you if you have any concerns.

Margaret



HOA Board Meetings

The Board has decided to have a meeting the third Tuesday of every month, as opposed to quarterly meetings. Our meetings will be held at 10:30 am on those Tuesdays. We hope that all of you will attend those meetings to keep up with what the Board is doing for you. These meetings will be in the monthly newsletter reminding everyone about the third Tuesday. We hope to see everyone! Any questions can be addressed to the Board.



All you need is love.
But a little Chocolate now and then doesn't hurt.



From Key's & Calendar– Sherry Tatar

It's obvious to everyone by now that some of your WSK board members have changed hats. I now hold the keys and calendar position while Margaret Ortiz is sitting in the very busy secretary seat in my place. I look forward to keeping up with providing up-to-date information for the Newsletter calendar as well as Debra Clark did. The month of February will be filled with our many regular Classes and card games. The next event hosted by the Activities Committee will be held on March 1 but needed to be mentioned now. All the details will be in my Activities Committee article so check it out.

Sherry



From Activities– Sherry Tatar

Our game night, Thursday the 23rd was a lot of fun. While the attendance was down due to many people calling in with that pesky flu that's going around. Those that were able to make it were busy playing several games. Mexican train, Rummikub, poker, five crowns, and Shanghai rummy were buzzing. Our next event will be March 1 at 6 PM. \$10 per person. It's a soup supper accompanied by grilled cheese sandwiches, dessert, coffee, and tea. We plan to have at least six different soups to choose from so everybody should be able to find one to enjoy. I hope to see you there. Call Sherry for tickets (951) 536-4604 **No tickets will be sold at the door!**

Our sister units 1 and 3 often have activities you may enjoy going to and I plan to give you information so you can be informed of when they are happening so you can.

Unit 1 is having a Mardi Gras Dinner Dance on Saturday February 22nd.

Unit 3 will be hosting a Super Bowl Party on Sunday, February 9th at 2pm. \$3 at the door. Hot dogs, dessert +. Call me if you'd like more information about either of these events.

Sherry



Attention all you budding artists out there. It's time for another get together for an afternoon of Sip & Paint. Christina Merrick will be hosting another fun activity for any folks interested in creating a Valentine's Day theme acrylic painting with a bunch of your friends and neighbors. Our meeting day will be Thursday, February 13 at 4 PM in the Warm Spring Knolls clubhouse. There's no charge to come and play. Just bring a "sip" of your choice and perhaps a snack to share. That's all you'll need. Christina provides all the supplies we need. Space is limited so call Sherry Tatar by February 9th to make a reservation. (951) 536-4604. Sherry

From Architectural Director– Henry Kantrowitz

Architectural forms & rock piles

If you are doing any changes to the outside of your house, including painting the exterior or putting on a new roof or any other changes in your yard. You are required to fill out an architectural form and explain the work being done. It has to be approved before work begins on the project. You can get the form in the office.

Rock piles

I often get asked why I put rock piles between the plants and trees that I have planted along Via La Colina, the Sunset Plateau and in front of my house. It provides safe habitat for the lizards that live there. They use the rocks to sun themselves and warm up. They also have a quick escape from any predator that might go after them, like birds. They also sleep under them and keep warm from the rocks being in the sun all day and again for protection from predators.

Henry

Senior Health Corner

If I remember right, our memory seems to worsen as we get older. Some to the point of eventual dementia and Alzheimer's disease.

Here is a something you can do, to help prevent these two debilitating diseases along with several other diseases.

Research has shown a correlation between consuming processed meats and a heightened risk for neurological conditions such as dementia, cognitive decline and Alzheimer's Disease. The most recent study was published in *Neurology*, the Medical Journal of the American Academy of Neurology.

Past studies show that eating processed meats — such as hot dogs, sausages, salami, sandwich meats and bacon — can increase a person's risk for several health issues, including type 2 diabetes, heart disease, and cancers such as colorectal cancer, breast cancer and prostate cancer.

Henry

**You may think that you are completely
insignificant in this world.**

**But someone drinks coffee from the
favorite cup that you gave them.**

**Someone heard a song on the radio
that reminded them of you.**

**Someone read a book that you recommended,
and plunged headfirst into it.**

**Someone smiled after a hard day at work,
because they remembered the joke that you told
them today.**

**Someone loves themselves a little bit more,
because you gave them a compliment.**

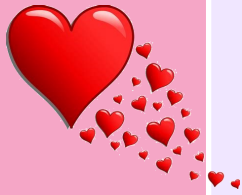
**Never think that you have
no influence whatsoever.**

**Your touch, word and good deed which you leave
behind cannot be erased.**



You Are Not Alone

YANA MISSIONS



WHAT IS YANA?

The Yana Program is one of the many valuable public services provided by the Murrieta Police Department and the MPD Volunteers. YANA, or, You Are Not Alone, promotes peace in mind and a sense for the elderly or disabled who enjoy the independence of living alone but have no friends or family members available to check in on them with any consistency. While enrollees in the YANA Program are generally able to take care of their own day-to-day needs, they also recognize that a medical crisis in or about the home could render them helpless and worsen if their distress goes unnoticed.

HOW IT WORKS

Monday thru Friday, a volunteer will make a phone call to the YANA enrollee. A daily log is kept verifying that contact was made and to note any special requests or information. During these phone calls, a volunteer will confirm the welfare of the enrollee, schedule the in-home visit, and to just have a casual conversation.

If a YANA enrollee does not answer the phone call, the volunteer repeats the call over a specified time period. If there continues to be no response, a volunteer will go to the YANA enrollee's residence for a welfare check. If they see a problem or still cannot make contact, a police officer is called to the scene immediately, and emergency medical aid may be requested.

One day during the week will be a visiting day for the YANA enrollee. Instead of a phone call, each YANA enrollee gets a personal visit from the volunteers. This brings a more personal touch to the program and ensures that the YANA enrollee's home and physical appearance are monitored. Anything out of the ordinary is logged and reported.

WHO IS NOT ELIGIBLE

Elderly individuals with a mental health illness and who might pose a threat to the volunteers will not be eligible to be a YANA enrollee.

COST

The YANA Program is provided **FREE OF CHARGE** to the citizens of Murrieta by the Murrieta Police Department and the MPD Volunteers as a service to the community.

HOW TO REGISTER

Anyone interested in registering a family member or friend, please contact the program coordinator.

CONTACT US

Michael Byrne—Officer

951-461-6399

Email— mbyrne@murrietaca.gov



Paula Michalski

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Mobile Home	Other Structures	Personal Property	Living Expense	Personal Liability	Guest Medical	Annual Premium
\$120,000	12,000	60,000	24,000	100,000	1,000	\$342
\$130,000	13,000	63,000	26,000	100,000	1,000	\$367
\$140,000	14,000	65,000	28,000	100,000	1,000	\$392

CA license 0D50865

Rates are examples of replacement cost on newer manufactured homes in most CA parks with a \$500 deductible.



Favors for Neighbors

"There is no call too small"

No fee's, just favors. Give us a call,
if we can help, we will.



MICHAEL SAIZ
Friend & Founder

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mikesaiz33@gmail.com



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What do you call
two birds in love?

Tweethearts.

What did one
plate say to
the other on
Valentine's Day?
Tonight, dinner's
on me.

What did the pasta
say to the tomato?
I love it when
you get saucy.

What flower gives
the most kisses on
Valentine's Day?



Knock, knock!
Who's there?
Peas.
Peas who?
Peas be mine.

Kristina Merrick

Health Plan Specialist
License # OC19662



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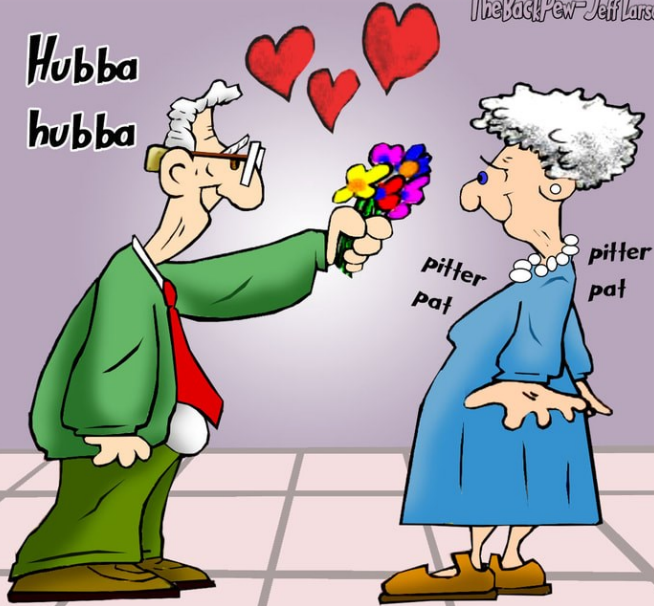


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- Website www.theknollofmurrieta.org

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5-9PM

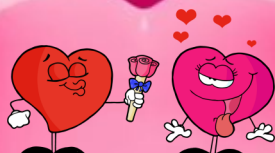
1ST & 3RD THURSDAYS
YEAR ROUND

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February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>GK Bible Study at Golf Knolls Clubhouse Sunday morning's 10-11am</p>						<p>NATIONAL FREEDOM DAY</p> 
<p>GROUNDHOG DAY</p> 	<p>Chair Exercise 10:30am</p>	<p>Chair Yoga 9:am Line Dancing 12-1:30 pm Cards 1:30-4</p>	<p>Chair Exercise 10:30 am</p>	<p>Gentle Yoga 9:am TRASH DAY</p>	<p>Chair Exercise 10:30 am HOA OFFICE Hours 9-12 Maggie National wear red day</p>	<p>1</p>
<p>Superbowl Sunday Golf Knolls Clubhouse @ 2:00pm- \$3.00</p>	<p>Chair Exercise 10:30am</p>	<p>Chair Yoga 9:am Line Dancing 12-1:30 pm Mexican Train 1:30-4:30 pm SK Unit 1 Bingo- 12:30</p>	<p>Chair Exercise 10:30am Lincoln's birthday Full Moon</p>	<p>Gentle Yoga 9:am @ 4:00pm TRASH DAY</p>	<p>Chair Exercise 10:30 am HOA OFFICE Hours 9-12 Joanne Valentine's Day</p> 	<p>2</p>
	<p>Chair Exercise 10:30am Presidents Day</p> 	<p>Chair Yoga 9:am Line Dancing 12-1:30 pm Board Meeting @ 10:30am Cards 1:30-4</p>	<p>Chair Exercise 10:30 am Bunco @ 5:30pm</p>	<p>Gentle Yoga 9:am Activities meeting @ 1:00pm TRASH DAY</p>	<p>Chair Exercise 10:30am HOA OFFICE Hours 9-12 Sherry</p>	<p>3</p>
	<p>Chair Exercise 10:30am Women's Luncheon</p>	<p>Chair Yoga 9:am Line Dancing 12-1:30 pm Mexican Train 1:30-4:30pm</p>	<p>Chair Exercise 10:30 am</p>	<p>Gentle Yoga 9:am GK Unit 3 Bingo- 4:30 TRASH DAY</p>	<p>Chair Exercise 10:30am HOA OFFICE Hours 9-12 Woody</p>	<p>4</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>5</p>
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Washington's
Birthday

Mardi Gras
Spring Knolls