

SPRING KNOLLS NEWS

MURRIETA, CA

SEPTEMBER 2024

KNOW YOUR NEIGHBOR: Laurie Hoskins

Her winning uke was no fluke; all strings attached

By Mary Lou Morgan
Spring Knolls News

I knew that my neighbor, Laurie Hoskins, had been spending a lot of time making a ukulele from scratch in a woodworking class. But I was left speechless when I saw the beauty and craftsmanship of the finished product.

And then, when she played her new uke for me the first time, it was even more special.

Laurie's musical adventure started 2-1/2 years ago when she began twice-monthly ukulele classes at the Murrieta Senior Center.

She had seen a blurb about the class in a throw away newspaper, bought a cheap ukulele and showed up at the Center, only to see 35-45 people with some very nice ukes.

Laurie thought about leaving, but stayed because everyone was so welcoming. She has hardly missed a class since and is working on mastering a playbook of 300 songs. Today, if she can read a song's chords, you'll hear the music.

Recalling how nice her classmates' ukes were, last fall Laurie enrolled in a beginning woodworking class at Palomar College in San Marcos. There, she learned how to use an

See **UKULELE**, page 3



Photos by Mary Lou Morgan

UKULELE JOURNEY: Spring Knolls resident Laurie Hoskins poses with her prize winning ukulele that she built and decorated last Spring at Palomar College in San Marcos. (Below) Some of the abalone shell inlay the former graphic designer used to surround the uke's hole as well as on the neck and the base of her handmade ukulele.

We can't always rely on a hose

If his neighbor hadn't had a broken watering timer that led to his patio being flooded overnight, he wouldn't have tried to notify her.

But no one answered her doorbell or his knock on her door or looked out to see who was knocking.

What happened next, it's safe to say, could happen to anyone in Spring Knolls. And if it does, results could be either tragic or heroic.

There is, however, a way to avoid a tragedy that doesn't involve a broken watering timer. More on that later.

Back to our story. The neighbor's lack of response led him to contact me. He was concerned. We briefly talked about the situation and said he'd call 911 requesting a wellness check. Meanwhile, I rushed to the board office to find his neighbor's



Sandy Vollmer
SK president

See **SK president**, page 2

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spring knolls 2024 directors



- *President.*
Sandy Vollmer
(951) 319-6749



- *Vice President / Architectural*
Jan Towers
(951) 616-4443



- *Secretary / Senior Advocate / Program administrator*
Holli Hanson
(661) 972-0799



- *Treasurer*
Sharon Kilpatrick
(951) 285-7800



- *Director, Rules, Regs, Policies and Procedures.*
Shawnee Miller
(951) 677-6862



- *Residency Data & FOB Administrator.* **Candy Lee**
(951) 239-0669



- *Director: Facilities*
Ron Sieber
(951) 541-6276



- *Director: Common Grounds, Streets:* **Debby Adelhelm**
(760) 717-9876



- *Director: Compliance*
Charlene Kirkwood
(951) 348-0042

support Leaders

- *Spring Knolls Emergency Response Team:* (SKERT) **Alan Hanson (714) 493-1709**
- *Caretaker:* **Lisa McKinney (951) 212-8781**
- *SK common grounds:* **Miguel Enriquez**
- *Spring Knolls Boosters:* **Debby Adelhelm, President, (760) 717-9876**
- *Library Coordinator:* **Karen Jacobs (951) 265-6292**
- *Spring Knolls News:* **Ted Vollmer (951) 319-6749; tscjnews@gmail.com**
- *Spring Knolls News, flyer, delivery team:* **Debby Adelhelm, Dorothy Vaughn**
- *New or replacement trash cans:* **Waste Management, 866 909-4458**

SKA president . . .

From page 1

emergency phone contact. Fortunately, I was able to reach the person, who said he would hurry over.

By the time I returned home the wellness check was underway: Two police cars, a fire truck and an ambulance were in front of her house. Police officers had heard the woman through a window, and after her contact arrived with a key, she was found in her bed, feeling very ill, and unable to answer the door or reach her phone.

She was taken to the hospital and a tragedy was avoided. Her emergency contact told me she was treated at the hospital and was able to return home the same day.

Thank goodness her neighbor called for help! And many thanks to our Murrieta emergency services for responding so quickly!

I recall a similar story from another resident. She told me that one weekend she fell in her bathroom, and for two days was unable to get up or reach her phone.

The woman's weekday caregiver found her on Monday when she came to work. Fortunately, she was OK. She told me, however, that there should be a way to check on people so what happened to her didn't happen to anyone else.

Well, there is a way, but so far senior advocate **Holli Hanson** says no one has called her about signing up for the Murrieta Police Department's YANA (You Are Not Alone) program that's been featured in the past two *Spring Knolls News* editions.

If a resident wants or needs to be contacted to see if they're OK, all they have to do is sign up for

Call **Holli Hanson** at **661 972-0799** for more information on **YANA**.

YANA, and a volunteer will call them every morning. If the volunteer doesn't get a response after a couple attempts, police will conduct a wellness check.

It's as simple as that. Signing up for YANA is free, and it can be a life-saving step for you or a neighbor. Knowing that someone will check in on you will help avoid an unfortunate chain of events and ease your fears. Holli and others hope to get the YANA program going for our community. Such an effort, however, will be effective only with people on both sides of the phone.

Many people have shunned the concept of taking care of friend or stranger. We need to return to the idea of neighbor helping neighbor and use programs like YANA to do just that.

Let's all help each other!

Spring Knolls Board report for Aug. 21, 2024

- **Approved:** Slurry seal repairs during 2024 on four Spring Knolls streets: Via Playa del Rey, El Brazo, Via Alegre and the clubhouse at an estimated cost of \$28,610 (from HOA reserve funds). Project includes some restriping and an additional handicap parking space.
- **Approved:** Use of Eaker Hall for two events: Firewise presentation at 10 a.m. on Oct. 5, and a Medi-Cal, Medicare panel discussion at 11 a.m. on Nov. 2.
- **Approved:** Board will seek nonprofit status from state and federal government to help eliminate taxes, and facilitate grant approvals.
- **Treasurer's Report:** As of July 31, 2024: Operating/checking expenses, \$243,085.77. Reserve expenses, \$62,820.14. Regular funds, \$213,867.49. Reserve funds \$604,118.26. The next SK board meeting is set for **6 p.m. Sept. 18, 2024** in the clubhouse library.

ON THE FRONT: A monarch butterfly feasts on a milkweed plant in a Spring Knolls yard. Days later more than a dozen monarch caterpillars emerged.

Photo by Ted Vollmer



Ukulele ...

From page 1

array of power tools, received an A for a cabinet she made with artistic marquetry, and her cabinet placed second in a class of 120 students.

It should be noted that for years Laurie was a graphic designer, having received an art degree from Long Beach State. Beginning last January, she would draw on those artistic gifts for several months. It was at that time that she returned to Palomar College for a class on how to create a ukulele from the ground up.

Laurie quickly learned that such an undertaking would be no easy task. Her instructor, a professional luthier who specializes in making string instruments, warned

One in an occasional series about Spring Knolls residents.

the first day that students should expect to be working all day except for a lunch break.

From there, Laurie was told that every ukulele part would be made from scratch. She began by choosing a popular guitar wood — black Limba wood from Africa — for her sound box and opting for Rosewood for the main elements supporting the four uke strings.

Laurie's highly detailed project involved thinning out both types of wood to the perfect size as well as thickness or thinness.

She also needed to bend the wood, cut sound holes, carve the ukulele's neck, shape its fret board, put fret wires in place, locate just the right spot for the bridge, install tuning mechanisms in the head stock, and also shape the head stock.

Laurie detailed her ukulele with original seashell artwork in marquetry from hardwood veneer that she hand-cut and hand inlaid. She also applied abalone shell rosettes, inlaid with the same technique as on the fret markers.

Over the next months, Laurie



FIRST PLACE: Encouraged by her Palomar College instructor, Laurie Hoskins entered her ukulele in the San Diego County Fair and won first place. She had decorated her uke with marquetry featuring abalone and sea creature wood carvings.

‘The feeling I got when I strummed it for the first time was euphoric. And the fact that I built this was beyond anything that I’ve experienced.’

— Laurie Hoskins

worked about nine hours a week in class, and another eight hours per week at home fashioning her uke. She would wind up spending more than 150 hours building her masterpiece.

When asked what the most difficult part was, she replied that “carving the neck for the exact profile and the constant attention to detail.”

It was a true labor of love.

“The feeling I got when I strummed it for the first time, was euphoric,” Laurie said, “And the fact that I built this was beyond anything that I’ve experienced.”

Her luthier was so impressed that he not only gave Laurie an A, he also encouraged her to enter her ukulele

in the musical instrument division at the 2024 San Diego County Fair in Del Mar. It was a good thing she did. She won a First prize, a Blue Ribbon.

Since beginning this musical journey, Laurie has acquired five ukuleles, including her decorated version, which she says she is considering naming at some point. Ukuleles are a perfect length for her bad shoulder, are very portable and “very cool”.

Reflecting on the experience, Laurie said her interest in making an instrument dates to her early childhood.

She explained that when she was about 10, she attached a piece of plywood to a small 2x4, added nails in strategic places, and placed rubber bands around the nails. The result? Her first strumming instrument. Talk about full circle.

And today, she’s thinking about building another ukulele as soon as she gets her mojo back. We expect that to be very soon.

Job well done, Laurie!

SK's first steps to become Firewise

Oct. 5 Wildfire Drill to feature firefighting professionals

By Alan Hanson

Spring Knolls Association has taken its first steps to become a Firewise community.

One of those steps is to hold a Wildfire Drill on Oct. 5 in Eaker Hall. We're inviting representatives from Firewise and the Murrieta Fire Dept. More info to follow!

Another step is that in July we met with the various agencies and began the program's survey portion.

Retired Fire Captain Ed Carey, who lives in Spring Knolls, and I will be going around the community filling out surveys to ensure we get accurate information for the application process.

This survey will benefit residents in a couple ways. 1. It should make it easier to get homeowners insurance, as many people have had trouble even buying such coverage. 2. We should get lower insurance rates, as Spring Knolls will become a "hardened" community, that is, more resistant to wildfires.

Firewise at a glance:

- **What:** Firewise USA is a 22-year-old community protection program led by the National Fire Protection Assn.

- **Who:** Homeowners, led by a community run board, work to safeguard homes and mitigate wildfire risks.



- **Where:** Firewise began in 2002 with 12 neighborhoods. There are now 1,000 Firewise communities in 40 states.

- **Why:** Since 1970, wildfires have destroyed more than 30,000 structures, including 10,000 homes. Firewise efforts are aimed at greatly reducing the danger by addressing risk factors.

- More information. www.nfpa.org

In addition, the city has received a Fire Risk Reduction Designation, one of only 11 California cities to achieve that recognition, which also should help us with insurance.

—Alan Hanson chairs the Spring Knolls Emergency Response Team (SKERT).

Will you celebrate Grandparents Day on September 8?

It's a good bet that when President Jimmy Carter signed a proclamation on Aug. 3, 1978 declaring the first Sunday after Labor Day as "Grandparents Day" that many of you reading this didn't yet have grandchildren.

This year the holiday is Sept. 8.

When he signed that bill, Carter and First Lady Rosalynn Carter had only two grandkids. On Oct. 1 when he turns 100, he'll have 22 grandchildren and great grandchildren.

In 1961, Jacob Reingold of the Hebrew Home of Riverdale in the Bronx, held what may be the nation's first grandparents day. Hebrew Home was a care home for older adults.

The Home's first grandparents day celebration drew more than 3,500 people. In 1963, the crowd swelled to 5,000.

Seven years later, Marian McQuade urged local West Virginia leaders to honor grandparents and in 1973, her efforts led to then West Virginia Gov. Arch Moore declaring a statewide grandparent holiday.

While the Carter-signed proclamation didn't create a federal holiday, per se, it still is at least one day a year that children and grandchildren are asked to spend some quality time with their grandparents or pause to remember those who are no longer with us.



Suggested activities

- Cook a family recipe
- Go for an outing
- Have a game night
- Create a video
- Create a family tree
- Make a scrapbook

Ho gePodge

ELECTION 2024 REMINDER: There are four director positions open in the election for the Spring Knolls Association board. If interested in running, please contact **Chris Heilbron** at **951 805-6376** or attend the Oct. 19 General meeting in Eaker Hall to indicate your desire to run.

BRUSH WITH KINDNESS: Habitat for Humanity will be painting several Spring Knolls homes through its Brush With Kindness program. Also, renters can qualify for the Habitat for Humanity yard clean up program if the homeowner approves the project. Please call Jessica at 951-296-3362, extension 209 for details.

GOT ROCKS? If you can spare small- to medium-size river rock for the new

Rainbow Bridge memorial site for pets, contact **Holli Hanson** at **661 972-0799**

HAZARDOUS WASTE DISPOSAL – On Sept. 14 from 9 a.m. to 2 p.m. in the City Hall parking lot, Murrieta residents (only) may drop off household hazardous waste such as paint, motor oil and batteries. Further info at **800 423-9986**.

CELL PHONE CLASS: Avon Hall will be conducting a fifth IT class at **2 p.m. Sept. 11** in the Library.

FOR THE RECORD: Residents may secure a placard to park their recreational vehicles on a Unit 1 street for up to 24 hours prior to departure. No trailer, RV or other vehicle may be parked in landscaped areas, or decorative rock.

Boosters Bits

BBQs are over; get ready for our big sale, parties



Dorothy Vaughn
Boosters VP

We just had the season's last BBQ on Aug. 30, with a pulled pork sandwich special.

I thought July went fast; August was gone in "a blink of an eye."

A huge thank you to all our workers for always saying, "I'll be their Friday." Thanks also to our bakers for their delicious desserts and to the "backbone" of our BBQs our team out back.

BIG SALE: Coming soon, our 2nd Hand Treasures and Bake Sale, Sept. 27 and 28 beginning at 8 a.m. on both days.

We've been accepting donations for the sale for nearly two months and have quite a collection so far that includes household items, clothing, bedding, small appliances, tools and so much more.

If you can donate anything, please bring it to the clubhouse and leave it in the cardroom. We'll take it from there. If you need someone to pick your items up, please call Debbie at 760 717-9876, Ted at 951 319-6749 or Holli at 661 972-0799.

HALLOWEEN BASH: Start

planning your costumes for the Spring Knolls Halloween Party, dinner and dance. Last year we had great decorations and prizes for the best costumes.

VETERANS HONORED:

Then, on Nov. 10, the Boosters once again will have a free luncheon for veterans and a guest from all three units in Eaker Hall.

HOLIDAYS: And in December, we'll have a holiday gathering and soon after a New Year's Eve Party / Dance and dinner. More details to follow.

HAPPY BIRTHDAY!



Susan Amick
Patricia Blanchard
Christine Bronson
Roberto Cervantes
Sandra Cervantes
Nicolette Condry
Mercedes Crowder
Sally Duarte
Linda Dunn
Donna Eadson
Doris Edwards
Ruth Enriquez
Sharon Gaudenti
James Gonzales
Candace Guterrez
Lorri Herrera
Eva Higitt

Debra Jenks
Lynn Kaplan
Charlene Ketcher
Donna Kleinsmith-Palmer
Robert Klump
Fritzie Lewin
Pat Majors
David Maurice
Mary Lou Morgan
Arnold Murtu
Cheryl Neff
Jacquelin Netherton
Charla Orr
Diane Osorio
George Osorio
Mark Parisi

Sherri Craig-Paschelke
Myra Richards
Ivonne Rodriguez
Lucinda Rodriguez
Pam Rosales
Art Saenz
Blanche Schugg
Deborah Simonetti
Dee Sloan
Jerika Steele
Chuck Steinert
Steve Tapp
Joe Valdez
Jacques Wasserman
Tillie Wassan
Tracey White
Donald Whitfield

Ed & Debra Cavallucci
James & Janet Gonzales
Dave & Leonora Jefferson
Robert & Lora Klump
Marvin & Sunny Prohofsky
Ron & Linda Scott

Are we missing anyone here?

Every month, the *Spring Knolls News* hopes to wish everyone a Happy Birthday and/or Anniversary.

If you know of anyone we've missed, including for the In Memoriam area below, please contact us at **951 319-6749** or email tscjnews@gmail.com

In Memoriam



Elena Sanchez Gonzalez
(Aug. 1931 - Sept. 2019)
Via Princesa

Howard W. Hartnett
(July 1930 - Sept. 2003)
Via El Pravo Real

Lois Belle Hause
(July 1941 - Sept. 2011)
Via La Espalda

Lillian Eleanor Kropnick
(Sept. 1915 - Sept. 2010)
Via Amarilla

Gerry George Moll
(April 1936 - Sept. 2007)
Via Princesa

Eva Christine Safranek
(Dec. 1914 - Sept. 2015)
Calle de la Siesta

Marilyn Joan Sargent
(Aug. 1937 - Sept. 2011)
Via Playa del Rey

Robert Joseph Schaefer
(Aug. 1941 - Sept. 2017)
Via Playa del Rey

Blanche Carol Schugg
(Sept. 1935 - Sept. 2020)
Calle de la Siesta

Doris Hughes Thomas
(Oct. 1906 - Sept. 2006)
Via Playa del Rey

Luisa Montiel
(July 1917 - Sept. 2015)



Remember the 2nd Hand sale!



The Boosters 2nd Hand Treasures Sale will be held Sept. 27 and Sept. 28 beginning at 8 a.m. in the Library and Eaker Hall.

If you have items to donate, please drop them off during regular clubhouse hours in the card room area. All items are accepted except large furniture and large appliances.

If you need someone to pick your items up, please call Debbie at 760 717-9876, Ted at 951 319-6749 or Holli at 661 972-0799.

Thanks to the following for donations for the 2nd Hand Treasures Sale. Some donors left items who we lack their names. Here are the ones we know: **Julia Barringer; Sandra Bright; Esther Clausen; Nancy and Bill Desmond; James Dixon; Ruth and Miguel Enriquez; Karen Farr; Patti and Mario Gomez; Sharon Kilpatrick; Gayla Krueger; Lynda Miller; Linda North and Marla Holguin; Barbara Nogueira; Sandra Pride; Cliff Sargent; Sandy and Ted Vollmer; Carole Warburton.**

Any donations in September will be acknowledged in the October edition.

RE: Sheds, fences, flowers; oh my!

By Jan Towers

Question. *What are the Rules and Guidelines pertaining to the installation of a shed on my property?*

Answer: Storage sheds must be pre approved by Spring Knolls HOA. The shed cannot be larger than 12'x10' (120 square feet). If it's larger, you must obtain a permit from the City of Murrieta.

There are height restrictions as well. The shed cannot be above the eaves of the home and may not obstruct neighbors' views. The shed also must be placed no closer than two feet from the property line.

Q. *What are the height limitations for fencing in SK?*

A. The height limit is 72" (6 feet). No fencing over 3 feet in height from the front of the home to the street so



as not to obstruct or impair views of other lots.

Q. *Do I need to submit an Architectural Request to plant flowers in my yard?*

A. The simple answer is no. Annuals or perennials are acceptable. Also, drought tolerant types tend to fare very well in our climate.

Trees are another matter. These need to be approved by the Architectural Director.

— **Jan Towers is the Spring Knolls Association vice president and Architectural director**

Guard against heat-related injuries

By Leslee B. Cochrane, MD

While regular exposure to sunshine provides numerous health benefits, extreme heat exposure can be dangerous and even life threatening.



Leslee Cochrane

The best defense against heat-related injuries is to avoid outdoor exposure during excessive heat warnings. Stay cool indoors, and well hydrated. If traveling by car have an emergency supply of water.

Heat-related injuries progress through three stages: heat cramps, heat exhaustion and heat stroke. Heat cramps occur when the body has lost an excessive amount of water and salt due to heavy sweating.

The treatment includes moving to a cool place and consuming ample amounts of water and sports drinks. During heat exhaustion, which is more serious, symptoms include heavy sweating with cool and clammy skin, cramps, rapid pulse and

tiredness with dizziness and nausea and / or vomiting.

In heat exhaustion, you would follow the same treatment as for heat cramps and apply cool compresses or use a fan. If symptoms progress to include nausea, vomiting or confusion, you should seek prompt medical attention.

Heat stroke is a life-threatening medical emergency, occurring when the core body temperature exceeds 104°.

Heat stroke symptoms include hot, red, dry or damp skin; fast pounding pulse; headache, dizziness, nausea, confusion and even loss of consciousness. In the event of heat stroke, you should call 911 immediately and move the victim to a cool place and begin cooling measures with misting, fanning and cool compresses. Avoid offering fluids to anyone experiencing heat stroke due to a risk of aspiration.

Dr. Leslee Cochrane is the Hospice of the Valleys executive medical director

Cheer Vista Murrieta football & play Bingo

Here's your chance to cheer on the **Vista Murrieta High Golden Broncos** while enjoying free food and admission to home football games. And, play Bingo to help the school's band program on Sept. 8, we'll tell you how.

To get on an attendance list, contact **Paul Dashner at 760 702-7553** or **Chris Dashner at 562 867-0175**. On game nights come to the Warm Springs parking lot at 5:30 p.m. nights for a ride to the game that starts about 7 p.m. Free admission and free food.

Upcoming games:

- **Sept. 6 vs Orange Vista High;**
- **Oct. 4 vs Chaparral High;**



- **Oct. 10 vs Centennial High;**
- **Oct. 18 vs Roosevelt High**

After the games, the bus returns to Warm Spring Knolls.

As for Bingo, that's in the Vista Murrieta gym. Doors open at 1 p.m.; games begin at 2 p.m. No one under 18 is permitted.

A \$20 ticket includes snacks, drinks, desserts, door and cash prizes. Go to the gym at 28251 Clinton Keith Road or call **Yvonne at 951 445-9379** or **Holli at 661 972-0799** to sign up for a roundtrip ride from the Unit 2 parking lot.

Henry named new Murrieta P.D. chief

Capt. Matt Henry will become Murrieta's eighth police chief after Tony Conrad retires on Dec. 30.

Henry began his service in 2000 with the San Diego P.D. He transferred to Murrieta in 2005 and has worked in various assignments including SWAT, internal affairs and administration.



Matt Henry

Henry has a criminal justice degree from San Diego State and a masters in administration from the University of Redlands.

Henry and his wife Alyssa have four children and live in Murrieta.

Spring Knolls *Free Classifieds*

{ To place a free classified, email your ad with photo (optional) to tscjnews@gmail.com Questions? Call (951) 319-6749 }



BAR STOOLS: Three solid wood, counter-height bar stools. Wood color is medium brown with dark brown seat. Seat to floor measurement, 24". Seat back height 43". Priced to **sell at \$40 each or \$100 for ALL three.** Call or text Kathy @ 760-504-6170



CURTAINS, AREA RUGS: Curtain sets, \$15 each pair. In beautiful shape. Panels are 84" X 48." Four sets but you can buy one or more. Machine washable. **Rugs:** 1. Gray/white diamond pattern, 5' x 7' (\$15); 2. 5' x 2' runner (\$7); and 3. 3' x 2' rug (\$5). **Call or text Marla, 951 694-2874.**

TOYOTA TUNDRA: 2003 Tundra, excellent shape, 119,000 miles. Asking \$11,500 or best offer. **Call Cindy @ 562 879-6988.**



FREE HEADBOARD: Vintage mahogany California King headboard. 80" X 47" **Contact Barbara, 760 535-5403**



HAIRCUTS / BEAUTY SERVICES: Offering hair cut and other beauty services in your home for your convenience (female & male). I'm a licensed cosmetologist with more than 18 years' experience. Call **Nancy @ 951 414-9554**

REALTOR: Paula Rodig, A Knolls resident Realtor. **Call or text 949 324-5141.** Stanfle Realty, DRE# 01731868.

LIGHT HOUSEKEEPING: No deep cleaning. **Contact Cindy @ 562-879-6988.**

Prescription drug changes for 2025

There are big updates happening with Prescription Drug plans in 2025. Now is the perfect time to discuss the new changes and determine if these changes may benefit you.

My role as your Licensed Insurance Agent is to: • Continue to provide guidance and support all year • Research and review your available plan options • Simplify the process so that you can have peace of mind.

Call me today to get more details on the Prescription Drug changes! Sarah Human, a licensed insurance agent (Spring Knolls resident) at **310 980-9509** or sarah@sarahinsure.com, or visit www.sarahinsure.com for more information. CA License # 0K16275

Sept. '24: What's up in Spring Knolls & Beyond?

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Bible Study 10-11 am GK; American Chess Day	2 Labor Day; World Coconut, V-J, Day	3 Bible Study 10 a.m.- noon; Signing of Treaty of Paris Day	4 World Sexual Health; National Wildlife Day	5 Day of Charity; Be Late for Something; Cheese Pizza Day	6 SK office hours 9:30 - noon; Lazy Mom's; Fight Procrastination Day	7 Salami, Beard; Clean Air for Blue Skies; Ganesh Chaturthi (Hindu)
8 Grandparents Day, (P 4) Bible Study 10-11 am GK.	9 California Admission Day; National Teddy Bear Day	10 Bible Study 10 a.m.- noon Swap Ideas; Suicide Prevention;	11 Patriot Day 	12  BINGO! 1-4 p.m.	13 SK office hours 9:30 - noon; Celiac Disease; Positive Thinking;	14 Pet Memorial; Live Creative; National Sober Day
15 Bible Study 10-11 am GK.; Int'l Democracy Day	16 National Guacamole; Working Parents Day	17 Bible Study 10 a.m.- noon; Constitution; Patient Safety; Pet Bird Day	18 Regular board meeting, 6 p.m.; 1st Love; Air Force; Equal Pay Day	19 Batman; Talk like a Pirate; Dance Day	20 SK office hours 9:30 - noon POW/MIA Recognition; Raspberry Day	21 Int'l Day of Peace; World Gratitude; Coastal Cleanup Day
22 1st Day of Fall Bible Study 10-11 am GK;	23 Nat'l Family; Day of Sign Language Day	24 Bible Study 10 a.m.- noon Voter Registration Day	25 Daughters; Dream, Lobster; Comic Book Day	26 Dumpling; Johnny Appleseed; Conception Day	27 Office 9:30-noon; 2nd Hand Treasures Sale, 8 a.m.; Native-American Day	28 2nd Hand Treasures Sale, 8 a.m.—2 p.m. Nat'l Sons; Singles; Neighbor Day
29 Bible Study 10-11 am GK; Gold Star	30 Love People; Truth & Reconciliation; Maritime; Podcast Day	<ul style="list-style-type: none"> • September flower: Morning Glory & Aster • Birthstone: Sapphire & Moonstone • Zodiac signs: Virgo & Libra • Months: World Alzheimer's; National Suicide Prevention 				

Open'nClosed

Open:

Board office hours: Fridays - Sept. 6, 13, 20, 27 9:30 a.m.-noon

- **Clubhouse Summer hours:** 8 a.m. - 8 p.m. Gym, library, both swimming pools. Jacuzzi or billiards room. Call **Ron Sieber @ 951 541-6276** for more information. (The large pool is heated for the summer.)
- **Eaker Hall:** Clubhouse ground events need advance Board of Directors approval. Call **Debbie Adelhelm @ 760 717-9876** at least 2 weeks in advance.
- **Dog Park, Clubhouse grassy areas:** Owners must keep dogs under control and their poop picked up in all Spring Knolls areas.
- Dogs must be leashed at all times in the clubhouse grassy areas.



Here: (Spring Knolls)

- **Sept. 12: BINGO!** 1-4 p.m. in Eaker Hall. (second Thursday of month.)
- **Sept. 27-28: BOOSTERS 2ND HAND TREASURES SALE:** Starts at 8 a.m., Eaker Hall, Library. Bring items up to 2 days before sale to Eaker Hall, or call **Ted Vollmer, 951 319-6749, Debbie Adelhelm, 760 717-9876** or **Holli Hanson, 661 972-0799** for pickup. (Page 6)
- **Oct. 5: WILDFIRE DRILL,** beginning 10 a.m. Spring Knolls Emergency Response Team (SKERT) and firefighting professionals at Eaker Hall discuss how to protect lives and property. (Page 4)
- **Oct.19: GENERAL MEETING:** Spring Knolls Association members meet at 1 p.m. in Eaker Hall for budget update and

to meet candidates for the 2025 board of directors. Refreshments.

There: (Units 2 & 3)

- **Sept. 21: BAKED POTATO & SOUP BAR.** 6 p.m., Warm Springs Clubhouse, \$10 per person. Open to all Knolls residents. **Sherry Tater, 951 536-4604.**
- **Sept. 26: BINGO;** 6-9 p.m., Golf Knolls.
- **Sept. 14: Sock Hop,** Golf Knolls, \$12. Dinner. 5 p.m. **Glenda, 951 239-9389.**

Elsewhere . . .

- **Sept. 5 & 19:** Murrieta Market Nights, 5-9 p.m. Washington Ave., Murrieta.
- **Sept. 11: 9-11 TRIBUTE CEREMONY.** For those who died on Sept. 11, 2001. 5:30 p.m., 11 Town Square Park, Murrieta
- **Sept. 13-14: ARTFEST,** 10 a.m.- 6 p.m. Civic Center Quad, Temecula
- **Sept. 26: COFFEE WITH THE CITY:** 8:30 – 9:30 a.m. Meet over coffee about local issues with city officials. Murrieta Innovation Center; 26442 Beckman Court.

Spring Knolls Medley

Wrapping up the BBQ season with a record crowd

Final Boosters' burger, dog & specials event serves 120 diners, see you next May



VISITING WI'ĀĀŠAL



Photo by Dana Morgan-Wilson

Wi'āāšal, better known as the "Great Oak Tree," is in the Pechanga Reservation. Spring Knolls residents **Charlene Kirkwood, Alie Rice, Lynda Miller, Roberta Jiron, Mary Lou Morgan and Linda TerHorst** recently visited it. Its trunk is more than 20 feet around, stands nearly 100 feet and is the oldest oak tree in the Western United States. There is a waiting list to visit it, so reserve your spot by calling Cultural Resources at **951 770-6300**.



Photos by Ted Vollmer

FINAL BOOSTERS BBQ: This year's record crowd of 120 kept 15 Booster volunteers busy on Friday, Aug. 30. (Above right): **Lynda Miller, Lori Miller and Sharon Kilpatrick** serve side dishes, while (Above left) the grill team of **Lisa McKinney, Alan Hanson and Lee Porter** try to keep up with a flood of orders. (Above center) Diners visit the condiment and watermelon table while (Above) Decorated cakes bid adieu to the summer's main event.