



Spring Knolls News

MURRIETA, CA

APRIL 2024

April 6 Resource Fair covers all bases for seniors

Free Spring Knolls event includes 15 agencies, advice, prizes, lunch

By **Holli Hanson**

I hope everyone is looking forward to attending Spring Knolls' first Senior Resource Fair on Saturday, April 6.



Holli Hanson

We all need to find out what's out there to help us seniors live our best lives.

Here's what to expect when you get to the event, which runs from 10 a.m. to 1 p.m. in Eaker Hall, and includes a free hot dog lunch and prizes.

For starters, you'll first come to **Janice Compton** who lives here in Spring Knolls. She can help you with Medicare insurance questions and concerns. She'll also give you a bag for any information or other goodies you

Resource Fair at a glance:

- **What:** First annual Senior Resource Fair. Free to all Knolls units and residents. Free lunch, prizes included.
- **When:** 10 a.m.-1 p.m. Saturday, April 6.
- **Where:** Eaker Hall, Library/Card room, Spring Knolls.

- **Why:** To offer free advice, information to Knolls residents on finances, health, CPR training, energy savings, fire safety, protection, in-home care.
- **Who:** Sponsored by Spring Knolls Association. Representatives of 15 local agencies and organizations.

might collect from all the exhibitors.

In front of the clubhouse, you might see representatives of **Bin Outlaws**, a trash bin cleaning company. For a monthly fee, this company will come to your home and clean your trash containers.

Also, scheduled for the April 6 event:

- **Murrieta Police** representatives will be on hand to explain their YANA (You Are Not Alone) program. It is

designed for seniors who don't always have a support network to regularly check in on them.

- **Riverside University Health**, meanwhile, will have information on how seniors can remain in their homes longer, and the City of Murrieta's Senior Center will let you know what it has to offer in the way of activities, senior lunches and services.

See **RESOURCE FAIR**, page 3

New trash rules launched, with some glitches

By **Ted Vollmer**

Spring Knolls News Editor

A new trash pickup system debuted March 7, and despite some minor glitches and mixed messages, it seemed to get off to a decent start.

The kinks are still being worked out, City of Murrieta Isaac Bravo told at-

tendees of the March 20 association board meeting. Those include the eventual delivery of recycling containers (possibly in May) and some errant discrepancies in billing.

Residents appear to be getting used to their new organic (green) trash

See **TRASH**, page 3

Warnings from many forms, even at 2 a.m.

Warnings are delivered in a variety of ways: alerts on TV, your landlines, phone apps, home security systems, sirens and smoke alarms.

As you may know, more than 60 Red Cross volunteers were here on March 9 installing smoke detectors

See **SK President**, next page



Sandy Vollmer
SK president

What's Inside?

- Mary Lou welcomes 11 residents / **P4**
- 'Alarm-y' sweeps through Knolls / **P6**
- Library starts audio book collection / **P3**

spring knolls 2024 directors



- *President.*
Sandy Vollmer
(951) 319-6749



- *Vice President / Architectural*
Jan Towers
(951) 616-4443



- *Secretary / Senior Advocate / Program administrator*
Holli Hanson
(661) 972-0799



- *Treasurer*
Sharon Kilpatrick
(951) 285-7800



- *Director, Rules, Regs, Policies and Procedures.*
Shawnee Miller
(951) 677-6862



- *Residency Data & FOB Administrator.* **Candy Lee**
(951) 239-0669



- *Director: Facilities*
Ron Sieber
(951) 541-6276



- *Director: Common Grounds, Streets:* **Debby Adelhelm**
(760) 717-9876



- *Director: Compliance*
Charlene Kirkwood
(951) 348-0042

support Leaders

- *Spring Knolls Emergency Response Team:*
Alan Hanson (714) 493-1709
- *Caretaker:* **Lisa McKinney (951) 212-8781**
- *SK common grounds:* **Miguel Enriquez**
- *Spring Knolls Boosters:* **Debby Adelhelm, President, (760) 717-9876**
- *Library Coordinator:* **Karen Jacobs (951) 265-6292**
- *Spring Knolls News:* **Ted Vollmer (951) 319-6749; tscjnews@gmail.com**
- *Spring Knolls News, flyer, delivery team:*
Debby Adelhelm, Dorothy Vaughn
- *New or replacement trash cans:* **Waste Management, 866 909-4458**

SKA president . . .

From page 1

and bed shakers at no charge .

If you don't have smoke alarms in your home please, for your safety and that of others, get them. If you need help buying and/or installing them, contact **Holli Hanson**, Senior Advocate, 661 972-0799. She can access resources for you.

Holli is also a key organizer of the **April 6 Senior Resource Fair** she describes on Page 1. More than a dozen agencies will provide information and advice on a host of available services. Please make every effort to be there.

You don't need to wait for the resource fair to install an important phone app or two. **Watch Duty** is one. With our dry summers it's reassuring to be notified of any nearby fire activity. **Watch Duty** updates you about when a fire's out or spreading.

Also, recently, I was startled awake by my phone loudly announcing "earthquake, earthquake, duck, cover and hold on." The message scared the bejeebies out of me.

It was my **MyShake** app. Nothing serious happened, but I urge you to download this app, too. Having been through several serious earth-

quakes, I can attest to the fact that any warnings or information on earthquakes, which are impossible to predict, are helpful. **MyShake** sets to location, intensity and sound. Since that first alert, I've adjusted my app's sound level. No kidding!

Speaking of "ducking" and covering, our latest brood of ducklings, not yet hatched as of this writing, may be gone soon. As we told you last month, the mother duck who's been laying eggs by our big pool for the past two years is at it again. Last year she delivered 13 beautiful chicks and 10 others in 2022.

Until she leaves with this year's brood, (usually within two days), the smaller family pool is heated for you, and the large one is shut down for a short while. When the ducks leave, an array of wires will be installed to discourage their return.

After ducklings it's always time to get ready for Spring/Summer clubhouse hours and Friday night BBQs. This year summer hours will extend from 8 a.m. to 8 p.m. starting May 15. And canvas shades (easy ups) will be installed once again near the family pool. There's also plenty of area to sit out in the sun, if that's your preference.

Looking forward to summer fun!

Spring Knolls Board report for March 20, 2024

- **Isaac Bravo** of the Murrieta City Manager's office took resident questions for about a half hour about new Waste Management procedures and payments.
- **Approved:** 2025 Election schedule. Notary public **Yvonne Ruiz** approved for 4th year as Inspector of Elections. Oct. 19, 2024; General Meeting; Jan. 11, 2025 set for Annual meeting. Spring / Summer hours, 8 a.m. - 8 p.m. start May 15.
- **Approved:** Boosters calendar- Friday night BBQs start May 24; **Halloween Party**, Oct. 26; **Veterans lunch**, Nov. 12; **New Year's Eve party**. Dec. 31.
- **Treasurer's report:** (Sharon Kilpatrick) As of Feb. 29, 2024: Total operating / checking funds: \$246,093.82. Total Reserves Savings funds: \$631,428.78; Year-to-date expenses: (\$57,888.13). **Also from Sharon:** The association will no longer charge residents a \$2.50 service fee for paying dues on a monthly basis. And reimbursements or credits for 2024 Waste Management-related dues being prepared. Residents will be notified.

The next regular Spring Knolls Association board meeting is at 9:30 a.m. **Wednesday, April 17**, in the Library/Card room. An agenda will be posted and blasted out on **SK In the Know**.

On the front . . .

A finch rests on a Spring Knolls fence before taking off to a nearby tree with her nesting material.



Photo by Ted Vollmer

Resource fair ...

From page 1

- Firewise, a program of MySafe Riverside, will have tips on how to make your home safe during wild-fire season.
- Synergy representatives will fill you in on their low-cost programs to make your home more energy efficient.
- To help seniors stay at home longer, the **Right At Home** care program will provide tips and information on how to do just that.
- Hospice of The Valley officials will explain exactly what home hospice care entails, and how to enroll at the time best for you or a family member, or friend.
- Dr. Dzenan Lulic will be here from Optum healthcare to take your blood pressure. Sharon Carey from Lifewave will explain their wellness program and Avon Hall will help you with some of your IT problems.
- Meanwhile, in the back of Eaker Hall, Red Cross personnel will be teaching you how to perform CPR.
- And, in the card room adjacent to Eaker Hall, Habitat for Humanity members will talk to you about that volunteer organization's **Brush with Kindness** program.
- Last but not least Anita Milner will answer your questions about wills and trusts.

Be sure and pick up your exhibitor card, get it stamped at each booth, and turn it in for a prize!

After you are done and have visited everyone you wish to speak to you can enjoy a free hot dog lunch.

As I said, this will be Spring Knolls' first Resource Fair. Hopefully it will become an annual event.

Let us know your thoughts about the event and what you'd like to see for the next one.

— Holli Hanson is the Spring Knolls Secretary, Senior Advocate

Trash ...

From page 1

containers designed for yard or food waste only. On March 7, when the containers were first introduced, only about 40 of the 380 Spring Knolls residents had them in front of their homes. The following week that number more than doubled.

Also, a few dozen Spring Knolls residents have traded in their 95-gallon cans for 35-gallon ones. Bravo said that the smaller ones can be requested, that there is currently a limited number available and that there is a chance that the smaller ones could drop from the trucks or into the trucks and have to be replaced.

Bravo added that while residents can get the smaller containers, it will not result in a drop in the quarterly fee for trash pickup. That fee will be \$89.10 or \$71.04, depending on whether the resident has qualified for the lower rate due to a 65-minimum age or income factors. Eventually, depending on the residents, the lower rate will lead to a substitute of all 96-gallon cans for the 64 gallon ones.

Some residents told Bravo that they had been quoted lower prices than Waste Management had forecast. He responded that since Waste Management billing extends beyond California, initial pricing differences may occur due to regional "scripts" that WM representatives use when they receive customer calls. Reminding a WM agent that you are from Knolls in Murrieta, CA should lead to the cor-



Photo by Ted Vollmer

UP 'N AT 'EM: A Waste Management truck hoists a Spring Knolls organic materials container from a Via Princesa home on March 7. The new trash collection procedures has gone through its first weeks with few problems.

rect amount, he added.

Another trash billing factor involves a refund or credit from the Spring Knolls Association. Treasurer Sharon Kilpatrick said that residents may opt between receiving either a credit or refund amounting to \$13 a month from March through June for their half-year dues payment or through December 2024 if they pay annually.

SK Library begins audio book collection for residents

Your Spring Knolls Library has started an audio book collection.

We currently have about 20 books (all on CD) that you may borrow. They are in a small book case between the novels and non-fiction section.

If you'd like to help the collection, please place any audio books in the book return basket inside the library.



AUDIO BOOKS: Nearly two dozen audio books on CDs are available at the Spring Knolls Library. Donations are welcome.



By Mary Lou Morgan
SK News Welcome writer

More and more people are discovering what a wonderful place Spring Knolls is for easy and fun living.

It has been very interesting meeting the people moving into our community with their varied backgrounds and interests. Or, discovering the common threads in life, such as, "Oh my goodness! I went to that high school."

Such differences is why I invite all newcomers to my home for either Brunch or Happy Hour (Pour at four).

So let's introduce you to our most recent **II new neighbors**

• **Joy Ferguson**, 28850 Via Princesa.

Joy was born in Los Angeles and recently moved here from Menifee, where she was a registered nurse.

She has fun trying to master billiards and very much enjoys a good walk and hiking. Joy has two children and six grands, and a darling white Maltipoo named Lulu.

She is also a proud Air Force veteran.

• **Ron & Linda Scott**, 29130 Via Princesa

Still pretty local, with a move from Harveston (Temecula), Ron was born in Massachusetts and Linda in Los Angeles. Ron retired from the printing industry and was recently a security guard. Linda still does child care.

They have 3 children and 5 grands and 2 fur babies, Maggie and Max (2 different doodles). Ron is thoroughly enjoying retirement, Linda is getting hooked on e-games. Ron is a proud Army veteran.

• **Jerry & Joyce Scruggs**, 38621 Via Alegre

Both Jerry and Joyce are native Californians, and born in Los Angeles.

They're enjoying their retirement. Jerry was a machinist and Joyce was with U.S. Postal Service.

Now they enjoy watching good old TV shows, some yard work and a darling

Chihuahua. They have 3 children, 6 grands and 3 great-grands.

• **Valod Esmailian**, 28847 Via Roja.
Valod moved here from Carlsbad.

He was born in Armenia and came to the United States at age 19. Valod speaks 6 languages and has been to 36 countries. His father has traced the family ancestry back 400-800 years.

Valod is a retired mechanical engineer for the Navy. Though retired, he's not good at sitting still, so he drives big rigs from coast to coast and sometimes from Southern California to Canada.

Valod has 2 children. His favorite activity is fishing.

• **Branen Straughan & Jill Smart**, 28982 Via la Espalda

From San Diego, Branen was born in Atlanta and Jill in Milwaukee.

Branen is a San Diego County deputy sheriff, who served in the Marine Corps. Jill works as an organic specialist in sales and marketing and on weekends works in the Naturopathic field.

Each has one child. He is an avid golfer and she likes to garden, bake and dabble in crafts. We can't leave out their two besties, Oliver, a chocolate lab and Ellie, a boxer/lab).

• **Juan & Elena Tomas**, 38534 Via Amarilla

They recently moved here from Tustin along with momma Teresa. Juan is a personal trainer with Altamed.

Their activities include off roading and he was a past soccer player. They have a darling poodle named Gatica.

• **Larry Price**, 28971 Via Norte Vista

Born in San Bernardino, Larry has lived in the Temecula/Murrieta area since 2002. He still works as a financial adviser.

Larry has three daughters, loves photography, sports and carves out special time for his e-bike.

Want to be welcomed to Spring Knolls? Or has someone moved into your neighborhood who Mary Lou hasn't contacted? Call her at 760 613-7513.

Know your elected representatives:



City Council: **Cindy Warren**
1 Town Square, Murrieta, 92562
(951) 461-6016
cwarren@MurrietaCA.gov



Supervisor: **Chuck Washington**
37600 Sky Canyon Drive #505
Murrieta, CA 92563
(951) 955-1030



Governor: **Gavin Newsom**:
1303 10th St., Suite 1173
Sacramento, CA 95814
(916) 445-2841



State Senate: **Kelly Seyarto**
1021 O Street, Suite 6720,
Sacramento, CA 95814-4900;
(916) 651-4032

District Office: 25186 Hancock Ave., Suite 320, Murrieta, CA 92562; (951) 894-3530



State Assembly: **Kate Sanchez**
P.O. Box 942849, Sacramento, CA 94249-0071; (916) 319-2071

District Office: 41391 Kalmia St., Suite 220, Murrieta, CA 92562; (951) 894-5053



U.S. Senate: **Laphonza Butler**
G10 Dirksen Senate Office Bldg.
Washington, DC 20510
(202) 224-3841



U.S. Senate: **Alex Padilla**
B03 Russell Senate Office Bldg.
Washington, D.C. 20510
(202) 224-3553

600 B St., San Diego, Ste 22405



U.S. House: **Darrell Issa**
2300 Rayburn Office Building
Washington, DC 20515
(202) 225-5672

District Office: 4100 Main St.
Temecula, CA 92590
(760) 340-7575

Boosters Bits

Getting set for Summer BBQs, Eaker Hall spruce-up



Dorothy Vaughn
Boosters VP

Hello, my friends. I don't have a lot to say this month, but I will tell you we're so excited about the Eaker Hall renovations.

Everything will be fresh and nice for our BBQ season, which begins Friday May 24!! We look forward to seeing you.

We also have our Senior Resource Fair starting at 10 a.m.

Saturday, April 6. There will be a flyer in your *Spring Knolls News*, and Holli Hanson's front page article lets you know what to expect at this free event (with a hot dog lunch).

There will be a lot of valuable information available.

Meanwhile our friends in Warm Spring Knolls are having a game

night with dessert on April 6 at a price of \$6. And on April 18, Golf Knolls is having a Karaoke night.

Also, on June 15 you can participate in the Community Garage Sale. No permit is required.

Items you don't sell, you might consider donating them in September for our 2nd Hand Treasure Sale in Eaker Hall.



Berny Anshen
Rosaura Arellano
Josephine Beasley
Bea Call
Bob Collins
Ana Cosio
Brenda DeShane
Virginia Dillon
Barry Dickson
Antoun Fayad
Gary Fox
Graciela Gallegos
James Garibay
Nancy Hindle-Garibay
Diane Goley

Frank Goley
Ever Hernandez
Sarah Human
Eleanor Jobin
Laurie Kirk
Darlene Lovell
Victor Marshall
Susan Miller
Millie Moore
MaryAnn Negrete
Kenneth Nelson
James Oldham
Margaret Parsons
Kathy Puplava
Graciela Rocha

Norma Rowland
Albert Sanchez
Richard Shumway
Deborah Simon
Donna Skinner
Lawrence Slaughter
Brian Smith
Sylvia Smith
Patricia Tamaryn
William Thomas
Jan Towers
Elizabeth Troxler
Kathleen Turner
Adeline Williams
Thomas Williams

Bob & Pat Collins
Jose & Myrtha DeLeon
Mike & Brenda DeShane
Mark & Kimberly Kennard
Keith & Myra Richards
Kenneth & Carol Rishe
Nathaniel & Pam Spence



George F. Larson
Jan. 6, 1928- Jan. 22, 2024
Via Playa Del Rey

John Gordon Barrington
(Nov. 1923 - April 2011)
Via La Espalda

Arthur Beer
(Dec. 1918 - April 2006)
Via La Espalda

Samuel Ford Bellah
(Jan. 1924 - April 2018)
Via La Espalda

Roland Eduard Blamey
(Dec. 1922 - April 2000)
Via Norte Vista

Lise Lotte Brings
(Jan. 1932 - April 2010)
Via Alegre

Vonna Brooks
(Jan. 1930 - April 2016)
Via Amarilla

Sumner C. Brown
(Feb. 1933 - April 2006)
Via Playa del Rey

Oliver Cromwell Butler
(Jan. 1924 - April 2015)
Via Princesa

Barbara Ann Campbell
(Oct. 1931 - April 2010)
Via Amarilla

Darrell Dee Clarkson
(Feb. 1929 - April 2018)
Via Princesa

Albert Emil Cornell
(April 1933 - April 2001)
Camino Alba

Phyllis Lee Curtis
(Jan. 1921 - April 2007)
Via Playa del Rey

Bettie Virginia Driscoll
(Oct. 1927 - April 1996)
Via Princesa

Richard Wallace Elam
(Nov. 1933 - April 2016)
Calle de la Siesta

Richard M. Kauffman Jr.
(Dec. 1932 - April 2008)
Via Princesa

George Edward Lallou
(March 1924-April 1992)
Via Norte Vista

Paul Nunzio Lamalfa
(April 1951 - April 2011)
Via Escarlata

Bonnie Jean Lochridge
(May 1935 - April 2011)
Calle de la Paz

Mae Alberta Morrison
(Dec. 1920 - April 2009)
Via Princesa

Ruth Leaf
(Sept. 1914 - April 2004)
Calle de la Paz

Louis A. Pacilio
(Sept. 1931- April 2010)
Via del Sur

Theresa J. Pacilio
(Nov. 1932 - April 2012)
Via del Sur

Ralph Thomas Saez
(April 1926 - April 2008)
Calle de la Siesta

Zoann Sargent
(Feb. 1951 - April 2015)
Via Playa del Rey

Gabriella Sepe
(May 1920 - April 2008)
Via Amarilla

John Barry Sykes
(Sept. 1916 - April 1993)
Via Norte Vista



Alarms aplenty installed March 9

Red Cross smoke detector event exceeds expectations by 33%

By Alan Hanson

We had another successful day with Gerald Winkel and the Red Cross!



Alan Hanson
SKERT chair

Gerald headed a Red Cross group of nearly 60 volunteers from various organizations, including Beaumont High School, to install smoke detectors and bed shakers on Saturday, March 9.

Final installation numbers: 251 smoke detectors for 168 residents, which was 33% more than they anticipated! That was also 38 more Knolls installations than on May 21, 2022, when 84 residents were served.

The volunteers also installed 8 bed-shakers to awaken hearing-impaired residents who would not normally hear their smoke detector alarms.

In addition, while the devices were installed, other crew members and home owners went over fire safety checklists and escape plans.

The installations were in all three Knolls units; the Spring Knolls clubhouse was the event's base, as it was in 2022.

Thanks to all involved, especially Spring Knolls Area Coordinators **Roberta Jiron** and **Lynda Miller**, who helped the installers, **Holli Hanson**, who was invaluable, and volunteer installers from **Red X**, **U.S. Bank**, **Altura Credit Union**, **RivCo Amex Emergency services** and the **Free Masons – Smooth Ashla Lodge 119**.

And thanks to **Altura Credit Union** for providing lunch for the volunteers.

Lastly, a big thank you to **Murrieta Mayor pro-tem Cindy Warren**, and several **Murrieta Fire Department** firefighters for their participation.



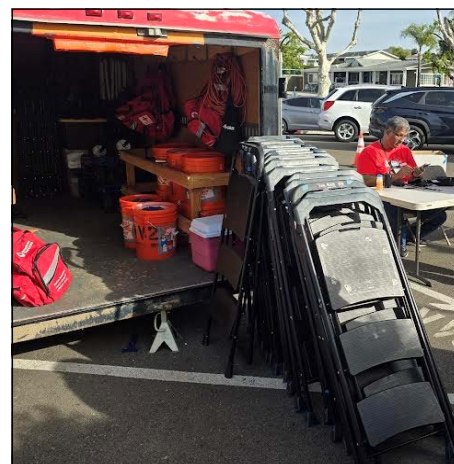
Photos by Ted Vollmer

INSTALL IN TIME: (Clockwise from top left) Red Cross volunteer **Tonya Long** demonstrates to installers how the new smoke detectors work, and how to test them... Installation teams roll carts of devices from the Spring Knolls parking lot to the three Knolls units... A team approaches a home on Via Amarilla where a detector will be placed... **Fred Tillman** tests the detector he's just installed.



THE ALARM-Y — More than 60 volunteers signed up to install smoke detectors and bed shakers on March 9 in the three Knolls units. Above, the installers, helpers and Murrieta firefighters pose by the Spring Knolls clubhouse before the various teams fan out into nearby neighborhoods.

Nearly 170 Knolls homes outfitted with long-term alarms



DETECTORS AT THE READY: (Clockwise from top left) A group of smoke alarm installers listens to Red Cross volunteer **Tanya Long** explain the various tools they will use in the March 9 event. (Center, far right) **Murrieta City Councilwoman Cindy Warren** thanks the dozens of volunteers who came to help help scores of Knolls homes.... A row of carts loaded with alarms and tools await their installation teams.... **Thomas Munford** reaches for the ceiling to place a smoke detector in a Knolls home.

Photos by David Foust, Alan Hanson and Ted Vollmer

Architectural Qs&As

SK's rules re machinery, 'improvements'

By Jan Towers

Spring Knolls vice president

Q. What does HCD stand for?

A. The California Department of Housing Community Development plays the critical role of reviewing every local government's housing element to determine whether it complies with state law, and then the HCD submits written findings to each local government.

Q. Does Spring Knolls have "quiet hours"?

A. Yes. According to our Rules and Guidelines, noisy machinery including, but not limited to, electric saws, drills, tractors, lawn mowers or leaf blowers used during property maintenance or improvement projects may be used only between 7 a.m. and 7 p.m. Monday through Friday. On weekends and holidays they may be used between 9 a.m. and 3 p.m.

Q. What is Spring Knoll's definition of "Improvement"?



A. Per our CC&Rs, Article 9.1, "Improvement" includes, without limitations, the construction, installation, alteration, or remodeling of any buildings, walls, decks, fences, swimming pools, landscaping, landscape structures, skylights, solar heating equipment, spas, antennas, utility lines, or any structure of any kind.

In no event shall the term "Improvement" be interpreted to include projects restricted to the residence interior and which do not involve the roof or load-bearing walls.

—Jan Towers is the SK Vice President and Architectural Director. You can reach her at (951) 616-4443

Now, it's OK to hang out with your clothes

By Charlene Kirkwood

Spring Knolls Compliance Director

If you've lived in this community for a while, you probably remember the Association's rule banning clothes lines.

That rule ended with the passage of Assembly Bill 1448, also known as the state's Right-to-Dry law, which became effective Jan. 1, 2016.

AB 1448 preempted all HOA rules and allows you to hang your clothes outside to dry. The law aimed to help the environment and help you save on your electric bills. Dryers can cause electric bills to jump about 20% or nearly \$100 a year. Clothesline drying also can eliminate 1,500 pounds of carbon emissions per household generated by electric or gas dryers.

The state law says that clothes lines need to be placed in your backyard, and if you're a renter, you need to discuss with your landlord where you can place a line or drying rack.

So, enjoy the sun, grab some clothespins, and get hangin'.

Spring Knolls *Free* Classifieds

{ To place a free classified, email your ad with photo (optional) to tscjnews@gmail.com Questions? Call (951) 319-6749 }

SIGNING PARTNER: I'm taking an ASL (American Sign Language) class and seeking someone who signs, to practice with. If interested call: **Pat, (970) 749-4221** Thanks!

HAIR CUTS / BEAUTY SERVICES: Offering hair cut and other beauty services in your home for your convenience (female & male). I'm a licensed cosmetologist with more than 18 years' experience. Call **Nancy @ (951) 414-9554**

HANDYMAN SERVICES: Handyman services, gardening, driving to doctor visits, etc. **Steve Lopez 626-622-4552.**

SEEKING: Any books on woodwork crafts. Call **Jim at 714 851-5025.**

Email ad(s) to tscjnews@gmail.com or send to **38441 Via Paloma, Murrieta, CA 92563.** Classified ads are for Spring Knolls residents and will run on a space-available basis and subject to editing. The **Spring Knolls News** is not responsible for the content or accuracy of ads. Photos run as space is available. Questions? Contact Ted Vollmer at 951 319-6749.

Here are 3 tips to protect yourself from Medicare fraud and scams:

1. If you get a call, text or email asking for your Medicare Number, don't respond. Don't give your Medicare card or Medicare Number to anyone except your doctor or people you know should have it.
 2. Check your Medicare Summary Notices (MSNs) or claims statements carefully. If you see a charge for a service, you didn't get or a product you didn't order, it may be fraud. If you suspect fraud, report it at 1-800-MEDICARE (1-800-633-4227).
 3. Guard your Medicare card like it's a credit card.
- If you have any questions or need assistance with your insurance options Contact Sarah, a licensed insurance agent (Spring Knolls resident) at 310-980-9509 or sarah@sarahinsure.com, or visit www.sarahinsure.com for more information. CA License # 0K16275

Don't let healthcare coverage become a burden - explore your options today!

April 2024: What's up in Spring Knolls & beyond? **

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Birthstone:</i> Diamond <i>Flower:</i> Sweet Pea	1 April Fool's Day – (really!!) International Fun at Work Day	2 Bible Study, 10 a.m.- noon Autism Awareness Day	3 Best Years 11:45-1:15 p.m. National Find a Rainbow Day	4 National Burrito; Hug a Newsmen; Walk Around Things Day	5 SK Office hours 9:30 am – noon Gold Star Spouses Day	6 Sr. Resource Fair, 10 – 1 p.m. See page 1 details Dessert / Game night, Unit 2; 6 p.m., \$3, pot luck
7 Sunday Bible Study, 10-11 a.m. Unit 3 clubhouse World Health Day	8 -Draw a Bird Day -Zoo Lovers Day -Feng Shui Awareness	9 Bible Study, 10 a.m.- noon Former P.O.W. Recognition Day	10 Boosters, 10 a.m. SKERT, 6 p.m. Nat' Siblings Day	11 National Pet; National Submarine Day	12 SK Office hours 9:30 am – noon Day of Silence; Grilled Cheese Sandwich Day	13 National Scrabble; National Peach Cobbler Day
14 Sunday Bible Study, 10-11 a.m. Unit 3 clubhouse Int'l Moment of Laughter Day	15 Patriot's Day, Boston Marathon Jackie Robinson Day	16 Bible Study, 10 a.m.- noon Emancipation Day; World Voice Day	17 SK Board meeting 9:30 a.m. Blah Blah Blah Day; World Hemophilia Day	18 Nat'l High Five, Haiku Poetry, Line-man Appreciation; Columnist's Day.	19 SK Office hours 9:30 am – noon	20 Husband Appreciation; Chinese Language; Look Alike Day
21 Sunday Bible Study, 10-11 a.m. Unit 3 clubhouse Creativity & Innovation Day	22 Earth Day; Int'national Mother Earth Day; Jelly Bean Day	23 Bible Study, 10 a.m.- noon Passover begins	24 Pig in a Blanket Day; International Guide Dog Day	25 World Penguin Day; Parental Alienation Awareness Day	26 SK Office hours 9:30 am – noon Arbor Day; Pretzel Day	27 National Rebuilding Day
28 Sunday Bible Study, 10-11 a.m. Unit 3 clubhouse	29 International Dance; National Shrimp Scampi Day.	30 Bible Study, 10 a.m.- noon Last Day of Passover	**Unless otherwise noted, all Spring Knolls-related events are in the Clubhouse's main community room, Eaker Hall.			

HodgePodge

COMMUNITY GARAGE SALE: This year's sale will be June 15, and will include residents from all three Knolls units. Some general promotion will be made. The sale is for one day, and does not require a special permit. Items not sold may be donated for the fall 2nd Hand Treasures sale. Just have your items out!

VACATION RESPONSIBILITY I: Going out of town to get away from it all? Sorry. You're still responsible for the care and upkeep of your property. Weeds, dead plants, curb debris are a few examples of front yard maintenance you need to arrange for while you're gone.

VACATION RESPONSIBILITY II: Available at the board office and attached to

this online edition are forms to register your home with Murrieta police in case you will be gone for an extended period. These forms authorize police to enter your property grounds if someone reports suspicious activity. Also, please place **No Trespassing** signs on your property. Signs are available, for \$1, at the office.

TRASH IN THE WIND: This is probably a good time to remind everyone that Waste Management cannot control the weather. If a truck picks up your trash and while it is dumped the wind blows any debris into the street, it's your responsibility to clean it up. We don't have street sweepers here.

What's open / closed

Open:

Board Office Hours: Fridays - April 5, 12, 19, 26, 9:30 a.m.-noon

- **Clubhouse Winter hours:** 8 a.m. - 7 p.m. Gym, library, small swimming pool. Jacuzzi or billiards room. Call **Ron Sieber** at (951) 541-6276 for more information. Summer hours (8 a.m. to 8 p.m.) will begin **May 15**.

Eaker Hall: Events on clubhouse grounds need advance Board of Directors approval. Call **Debbie Adelhelm @ 760 717-9876** at least 2 weeks in advance.

- **Dog Park, Clubhouse grassy areas:** Owners must keep dogs under control and their poop picked up.

Spring Knolls Medley



Photo by Ted Vollmer



Photo by Sandy Vollmer



Photo by Sandy Vollmer

IT'S SPRINGTIME! (Top) A newly arrived pair of California hooded Orioles take a nectar break at two Spring Knolls backyard hummingbird feeders, while, at the clubhouse, a grasshopper rests on a bush near where a duck has laid her eggs. (Below) Another hopper poses on a Spring Knolls plant near where a couple of yellow tulips emerged unexpectedly through a geranium plant.

Spring Knolls Medley

JOIN THE MEDLEY! Share your Spring Knolls experiences with photos for the Medley Page that comes exclusively in our on-line edition.

If you have favorite recent or past photos about our community or area, send them with a brief description, including the approximate time they were taken and your name to:

Spring Knolls Medley
38441 Via La Paloma,
Murrieta, CA 92563

or email your photos to
tscjnews@gmail.com



SPRING KNOLLS ASSN.

38441 Via La Paloma, Murrieta, CA 92563
phone: (951) 677-6862 / fax: (951) 600-1553
springknolls1@verizon.net



TO: Spring Knolls Owners of Vacant Property

RE: Vacant Property Protection

Spring Knolls Association representatives, along with those from Warm Springs and Golf Knolls, recently met with Murrieta Police Department representatives about problems in our communities associated with vacant properties.

Knolls residents have reported to police about squatters, vandalism, drug usage and/or sales and other disturbances from outsiders using vacant properties to carry out harmful and illegal acts. We all know that some think that seniors are an easy target.

As a result of our meetings, the Murrieta Police Department has agreed to extend its vacant property program to the Knolls at no cost to our property owners. (Recordings of vacant property with the police department usually cost \$75 per property.)

A Murrieta Police Department **Letter of Authority**, see enclosed, allows police to enter your vacant property due to suspicious activity when you are away on vacation or your home is empty. The letter states that **before** they may enter the property, **NO TRESPASSING** signs also must be posted that are clearly visible to them. The police recommend a minimum of two signs, one in a front window and another on an entry gate.

This is an all-out effort to help keep squatters and other illegal activities out of our communities; and help protect your property. **Important note: NO TRESPASSING** signs alone are not sufficient to allow police to enter your vacant property if suspicious activity is reported. Unless your completed **Letter of Authority** form is on file, they will have to wait until you arrive to enter. Waiting may result in avoidable damage and/or the perpetrators already leaving the scene.

Your Board of Directors views this program as a win-win for everyone. It, however, does not exempt you or your designee from regularly checking your vacant property and making sure it's secure and maintained. That includes your responsibility to post the police-required **NO TRESPASSING** signs on your property.

Please complete the enclosed **Letter of Authority** and return it to the Spring Knolls Office so that we can get your vacant property in the program. For your convenience, No Trespassing signs are available at the Spring Knolls office for a \$1 each.

Sincerely,

Sandy Vollmer, President

Enclosure



CITY OF MURRIETA
Letter of Authority 602 (o) PC

Date: _____

To: Chief of Police

I am the owner or owner's agent in lawful possession of the referenced property located in the City of Murrieta.

Name: _____

Property Address: _____

I / We have seen an influx of undesirable trespassers on this property. I / We are concerned about possible theft, vandalism, drug dealing and/or drug usage caused by trespassers on the property. Because of this trespassing, we have experienced monetary loss due to vandalism, theft and a decrease in paying customers.

There are "**No Trespassing**" signs posted throughout, in plain view and in the common area associated with the property. I / We therefore request you and your staff enforce the trespass provisions of the California Penal Code and / or Murrieta Municipal Code in respect to the listed property.

I expressly authorize your officers to arrest and/or issue citations to trespassers during the following **one year period** starting on: _____

I understand it is my responsibility to renew this authorization in one year from above date. I will notify you if sometime in the future, I am no longer the owner, agent or representative of this property.

The following information provides your department with the ability to contact me or person(s) with authority to respond in my absence.

Property Owner

Owner Address

() _____
Contact phone number

Manager / Agent Requester (print full name)

Manager / Agent Contact Number

Signature